



**Shuswap North Okanagan**  
**Division of Family Practice**

An FPSC initiative

**2022 | Annual**  
**2023 | Report**



# Highlights of the Year

- **2022 -2023 was a year of unprecedented pressure on B.C.'s health-care system.** The need for primary care reform and support for Family Physicians was loud and clear – from Facebook chat groups to patient-led advocacy groups marching to the legislature in Victoria demanding more health care resources. To support local conversations and to ensure that your voice was heard, SNO hosted a Division meeting with Dr. Ramneek Dosanjh (President Doctors of BC) and Dr. Adam Thompson (Chair – Board of Directors of Doctors of BC).
- **SNO supported the announcement of the new Longitudinal Family Physician (LFP) payment model** by hosting engagement sessions for Family Physicians to share ideas and best practices / new practices.
- **The General Practice Services Committee (GPSC) is now the Family Practice Services Committee (FPSC).**
- **The expansion of FPSC Inpatient Care Bridge Funding paved the way for SNO to submit a Memorandum of Understanding for Vernon Jubilee Hospital to support inpatient care.** This funding is available from November 2022 – March 2024 and is intended to stabilize inpatient care until the new Longitudinal Family Physician payment model incorporates inpatient care.
- **Networking opportunities with other specialties included:**
  - Operative and Non-Operative Management of Hip and Knee
  - An Evening with General Surgery
  - Opioid Agonist Treatment Session with Dr. Sutherland
  - An Evening with Salmon Arm Specialists
  - An Evening with Radiology and Vernon Radiological Clinic
  - Sexual Abuse: How to Ask and How to Help
  - An Evening with Internal Medicine
  - An Evening with Vernon Family Physicians, Hospitalists and Emergency Department Physicians
  - Quarterly OB/GP meetings (Vernon)
- **UBC International Medical Graduate (IMG) Recruitment** saw Dr. Preeti Nagra and Dr. Taylor Jespersen successfully match in Vernon. Dr. Nagra started her practice with Mainstreet Medical in August 2022 and Dr. Jespersen started her practice with Kalamalka Family Practice in May 2023.
- **MOA Wellness and resiliency series** with Dr. Paul Mohapel.
- **SNO Board of Directors and Executive Director attended FPSC Indigenous Cultural Safety and Humility** in Primary Care sessions.
- **SNO Code of Conduct** was developed, supported, and approved by SNO members.
- **SNO continues to build and strengthen community partnerships in all our communities.** The new partnership with Vernon Economic Development Advisory Council resulted in two tangible wins:
  - A database that will help us secure accommodation for health care providers coming to Vernon.

## Highlights of the Year Continued

- Through this collaboration a brand-new housing project was announced to support the Vernon Family Residency Program.
- **Peggy Crough went out with a bang after successfully implementing direct deposit payment options!**
- **SNO's Primary Care Network (PCN) Service Plan was finally approved in October 2022**, with our funding letter announced in May 2023.
- **Key Primary Care Network (PCN) highlights include:**
  - Physician updates and engagement through clinic visits. A total of 67 family physicians participated in the clinic visits.
  - Successful Nurse Practitioner recruitment to support the attachment strategy of the SNO PCN Service Plan. There have been 6.25 FTE Nurse Practitioners hired to date, with a projection of 11 FTE Nurse Practitioners by January 2024.
  - Okanagan Indian Band (OKIB) continues to be an example of successful collaboration between OKIB, Interior Health and the Division. Primary care services have expanded to include a second physician line, bringing much needed primary care to the community.



# The Year in Review

- APRIL**
- Long Term Care Meeting and Clustering Model Survey (Vernon)
  - UBC CPD Cognitive Behavioural Therapy Skills Physician Wellness Group Training (continued from March 2022)
  - Lunch and Learn with Integrated Care Team (Armstrong)
- MAY**
- Medical Office Assistant Resiliency and Wellness Series with Dr. Paul Mohapel, May 2022 – September 2022
  - Operative and Non-Operative Management of Hip and Knee Session
  - Lunch and Learn with Integrated Care Team – BX Medical
  - SNO Division meeting with Dr. Ramneek Dosanjh (President Doctors of BC) and Dr. Adam Thompson (Chair – Board of Directors of Doctors of BC)
  - SNO Primary Care Network Governance Working Session with Partners
- JUNE**
- SNO Board Retreat with Dr. Josh Greggain (Doctors of BC President-Elect) as Guest Speaker
  - Medical Office Assistant Templating Session
  - Lunch and Learn with Integrated Care Team (Enderby)
  - Physician Engagement Questionnaire
  - FPSC Indigenous Cultural Safety and Humility in Primary Care
- JULY**
- UBC International Medical Graduate Return of Service: Information Evening with candidates
- AUGUST**
- Support retiring physicians with recruitment efforts
- SEPTEMBER**
- OKIB dinner with OKIB health team, Family Physicians and IH team
  - Review Ministry response to SNO Primary Care Network Service Plan
- OCTOBER**
- Annual General Meeting: Dr. Keith Hepburn Medical Jeopardy
  - Meet with Vernon Economic Development Advisory Committee Representative John Perrot
  - An Evening with General Surgery
  - An Evening with Salmon Arm Specialists
  - SNO Primary Care Network Service Plan was approved
  - Nurse Practitioner Peer Support and Networking Meeting
  - Opioid Agonist Treatment Session with Dr. Sutherland
  - Continuing Medical Education on the Run – Salmon Arm
- NOVEMBER**
- OKIB ICD-9 Coding Session with James Saunders
  - SNO Primary Care Network Presentation to Sorrento Health Centre Board
  - Vernon Jubilee Hospital Bridge Funding and Call Group meeting
  - Medical Office Assistant Billing Session – Vernon
  - Presentation to Vernon Mayor and Economic Development Advisory Committee
  - Meeting with Sicamous representative to discuss SNO Primary Care Network Supports for Sicamous

# The Year in Review Continued

- An Evening with Radiology and Vernon Radiological Clinic
- Memorandum of Understanding submitted for Vernon Jubilee Inpatient Bridge Funding

## DECEMBER

- Medical Office Assistant Billing Session – Salmon Arm
- Provincial Engagement Session – Primary Care Network Governance

## JANUARY

- Vernon Jubilee Family Residency Program: Intention Setting
- Sexual Abuse: How to Ask and How to Help – Vernon
- Interior Region Primary Care Network Governance Refresh Engagement Session

## FEBRUARY

- Medical Office Assistant review of new Longitudinal Family Physician Payment Model (ZOOM)
- Vernon GP/OB quarterly meeting
- Lunch and Learn with Integrated Care Team (Armstrong)
- Nurse Practitioner Peer Support and Networking Meeting

## MARCH

- An Evening with Internal Medicine
- An Evening with Vernon Family Physicians, Hospitalists, Emergency Department Physicians
- Clinic visits to present SNO Primary Care Network funding updates
- Interior Division Network: In Plain Sight Report – Presentation and Dialogue
- Primary Care Network Update with Sorrento Health Society
- SNO Code of Conduct



# Welcome to SNO

The following physicians / nurse practitioners joined our communities this year:

## VERNON

Dr. Matt Cummings  
Dr. Arend Delpont  
Dr. Ellen Hosford  
Dr. Kat Irwin  
Dr. Taylor Jespersen  
Dr. Preeti Nagra  
Dr. Henriette Strydom  
Jeff Chan (NP)  
Dawn Ansdell (NP)

## ENDERBY

Kate Proznick (NP)

## SICAMOUS

Jennifer Balfour (NP)

## SALMON ARM

Dr. Bailey Miskew Nichols  
Dr. Derek Rollo





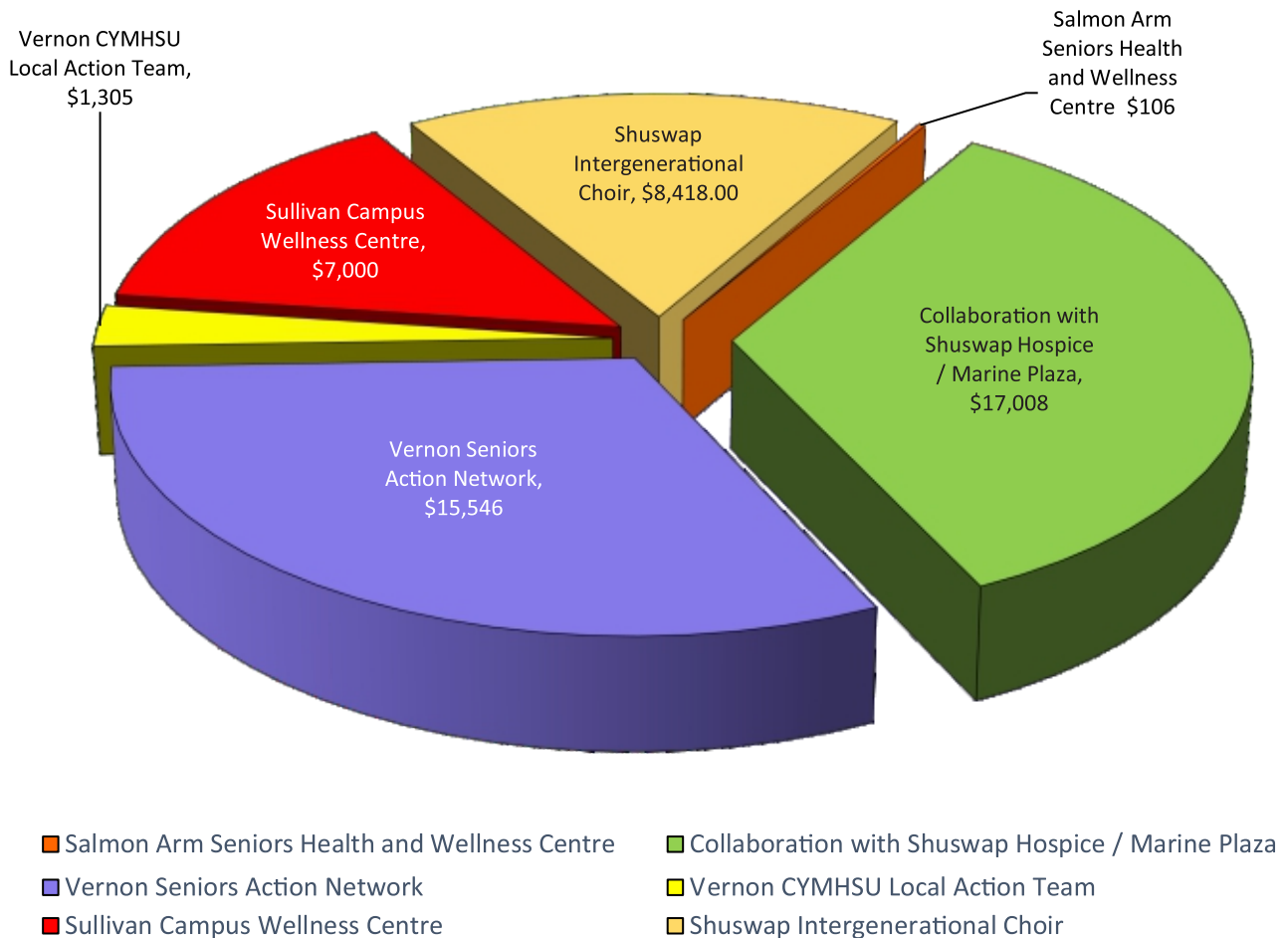
# Major Expenses

## Division Initiatives with Community Partners

**2022-2023**

Shuswap Hospice Collaboration	\$	17,008
Vernon Seniors Action Network	\$	15,546
Shuswap Intergenerational Choir	\$	8,418
Sullivan Campus Wellness Centre	\$	7,000
Vernon CYMH Coordinator	\$	1,305
Salmon Arm Seniors Health & Wellness Centre	\$	106
<b>Total</b>	<b>\$</b>	<b>49,383</b>

## Division Initiatives with Community Partners





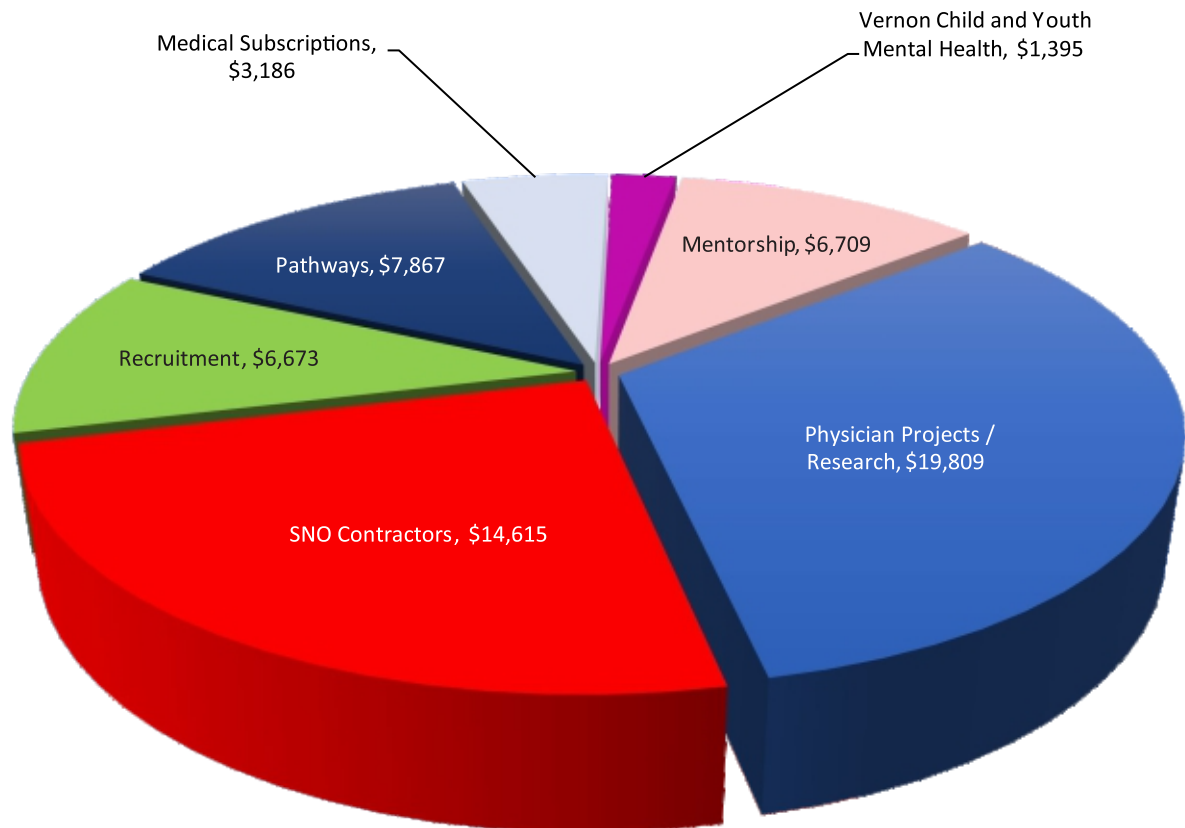
# Major Expenses

## Programs and Projects

**2022-2023**

Physician Projects / Research	\$	19,809
SNO Division Contractors	\$	14,615
Pathways	\$	7,867
Mentorship	\$	6,709
Recruitment	\$	6,673
Medical Subscriptions	\$	3,186
Vernon Child and Youth Mental Health	\$	1,395
<b>Total</b>	<b>\$</b>	<b>60,254</b>

## Programs and Projects



- Physician Projects / Research
- SNO Contractors
- Recruitment
- Pathways
- Medical Subscriptions
- Vernon Child and Youth Mental Health
- Mentorship

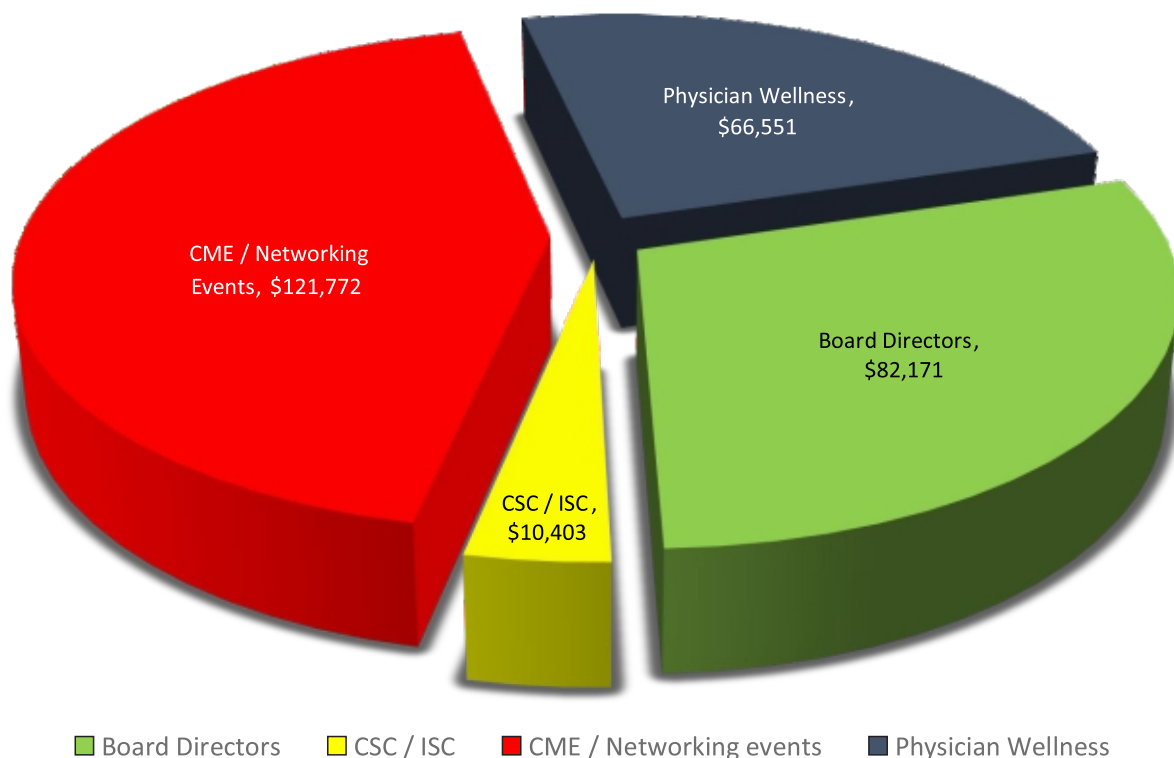
# Major Expenses

## Director, Physician and Member Sessional Fees

2022-2023

Directors and Member Fees	
Board	\$ 82,171
CSC and ISC	\$ 10,403
SNO Physician Sessional Funding	
Continuing Medical Education / Networking Events	\$ 121,772
Physician Wellness	\$ 66,551
<b>Total</b>	<b>\$ 280,897</b>

## Director, Physician and Member Sessional Fees



# Financial Statements

## 2022-2023 Statement of Operations for the Year Ended March 31, 2023

REVENUE	2022-2023	2021-2022
In-Patient Care	\$ 971,839	\$ 182,500
Infrastructure	\$ 706,355	\$ 739,350
FPSC Long-Term Care Initiative	\$ 408,385	\$ 421,996
PMH Network Development	\$ 113,192	\$ -
FPSC PCN Change Management	\$ 95,323	\$ -
Shared Care Initiatives	\$ 42,480	\$ 79,476
Physician Integration and Retention	\$ 5,481	\$ -
Health Emergency Management	\$ 240	\$ -
<b>Total</b>	<b>\$ 2,343,295</b>	<b>\$ 1,423,322</b>

EXPENSES	2022-2023	2021-2022
In-Patient Care	\$ 971,839	\$ 183,500
FPSC Long-Term Care Initiative	\$ 408,385	\$ 421,996
Salaries and Wages	\$ 224,978	\$ 170,100
Directors and Member Fees	\$ 159,125	\$ 354,317
Continuing Medical Education	\$ 121,772	\$ 65,620
PMH Network Development	\$ 113,192	\$ -
FPSC PCN Change Management	\$ 95,323	\$ -
Programs and Projects	\$ 60,254	\$ 37,709
Division Collaboration with Community Agencies	\$ 49,383	\$ 52,246
Event and Meeting Costs	\$ 45,380	\$ 16,947
Shared Care Initiative	\$ 42,480	\$ 79,476
Office	\$ 24,523	\$ 15,661
Professional Fees	\$ 20,516	\$ 12,256
Physician Integration and Retention	\$ 5,481	\$ -
Travel	\$ 5,194	\$ 5,415
Bank Charges and Interest	\$ 2,748	\$ 2,139
Insurance	\$ 1,864	\$ 1,830
Amortization	\$ 1,845	\$ 2,221
Health Emergency Management	\$ 240	\$ -
Innovation PMH Development	\$ -	\$ 214
<b>Total</b>	<b>\$ 2,354,522</b>	<b>\$ 1,421,647</b>

**EXCESS (DEFICIENCY) of Revenues Over Expenses** \$ (11,227) \$ 1,675

## 202/23 Statement of Cash Flow from Operating Activities for the Year Ended March 31

Cash Receipts from Funders	\$ 2,416,080	\$ 1,520,384
Cash Paid to Suppliers and Employees	\$ (2,409,752)	\$ (1,280,640)
Interest Paid	\$ (2,748)	\$ (2,139)
	\$ 3,580	\$ 237,605
Acquisition of Equipment	\$ (1,260)	\$ (1,930)
Net Increase in Cash	\$ 2,320	\$ 235,675
Cash at Beginning of the Year	\$ 629,236	\$ 393,561
Cash at the End of the Year	\$ 631,556	\$ 629,236

The full audit report is available to SNO members upon request.



## Our Vision

*Healthy patients, communities and physicians.*

## Our Mission

*Family Physicians working to provide better sustainable healthcare for our communities, thereby increasing physician satisfaction.*

### 2022-2023 Board Members

Dr. Mark Ansdell (Physician Lead)

Dr. Blair Stanley (Treasurer)

Dr. Juliann Aitchison

Dr. Nicolette Dreyer

Dr. Stephen Friesen

Dr. Michelle Lehmkuhl

Dr. Jennifer Roger

