

A System of Health and Care: Partnering to Build a Healthy Community

April 15, 2016



Repositioning Health Care for Seniors in the Comox Valley



What we hope to accomplish

1. An introduction to the Seniors Care initiative in the Comox Valley
2. A meaningful conversation around the potential for a system of health and care for seniors in our community
3. Explore how involvement in an initiative like this might potentially enhance my practice?
4. Explore who might be interested in being part of a pilot



Repositioning Health Care for Seniors in the Comox Valley

To create a collaborative journey of care that supports greater wellness for seniors living in the Comox Valley to the end of life in the home of their choice.



Target Population

70 years+ @ 4-7 on frailty scale (below) or those with complex chronic conditions

1. Very fit
2. Well-without active disease
3. Well-with treated comorbid disease
4. Apparently vulnerable
5. Mildly frail
6. Moderately frail
7. Severely frail



Seniors Care Initiative Goals

- ↑ Quality of Life for Seniors
- ↑ Patient/Provider Experience
- ↓ Emergency Room Visits
- ↓ Occupancy at St. Joseph's Hospital
- ↓ Costs related to Unplanned Admissions
- ↓ Issues and barriers for minority, marginalized seniors

Our Collaborative Community Development Approach



Seniors Care Working Group



GAPS...what we heard



Yard Work



Transportation



Housekeeping



Food Security/Meal Preparation



Isolation



Care Giver Burnout



Service Navigation and Awareness

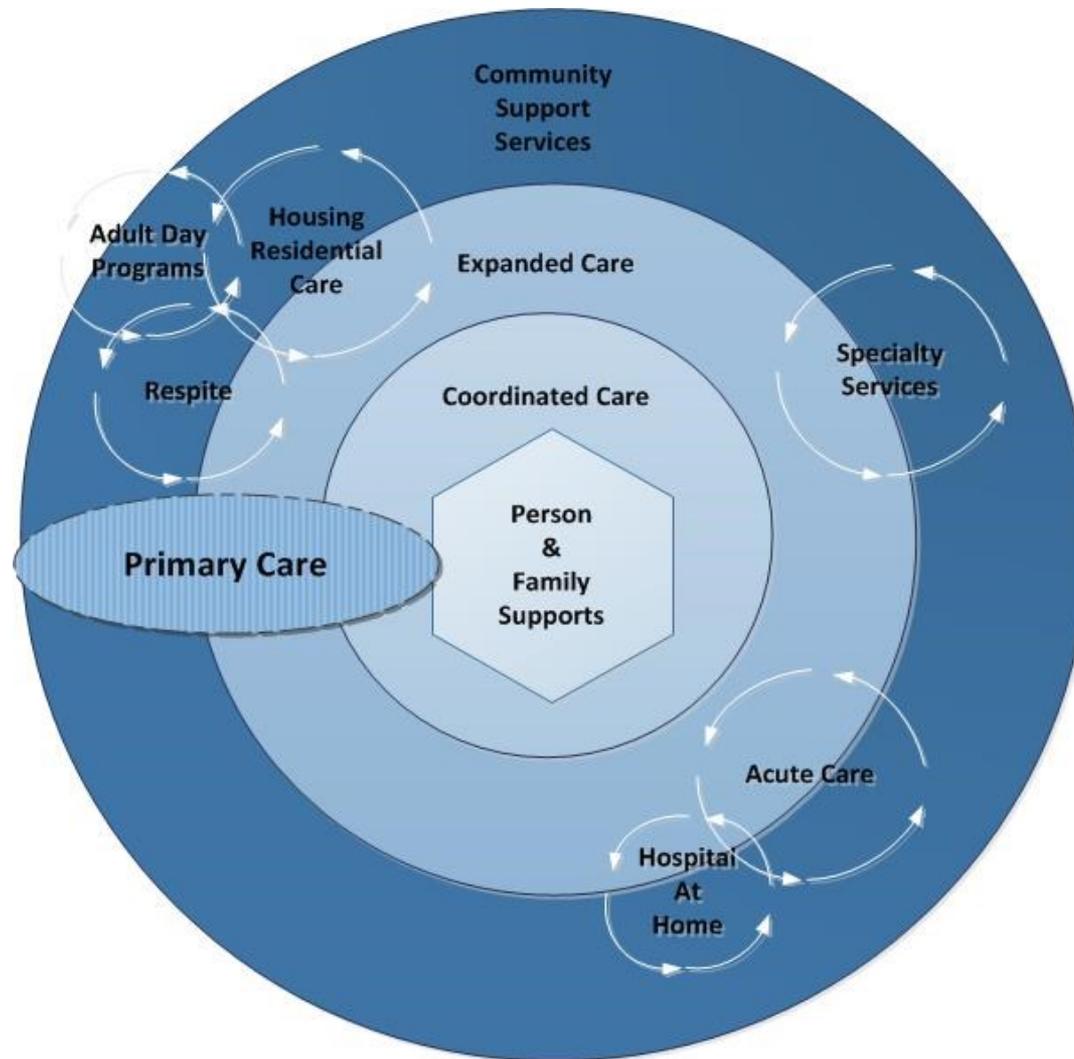


Service between Assisted living and Residential care



Dementia Support

Comox Valley Model of Care



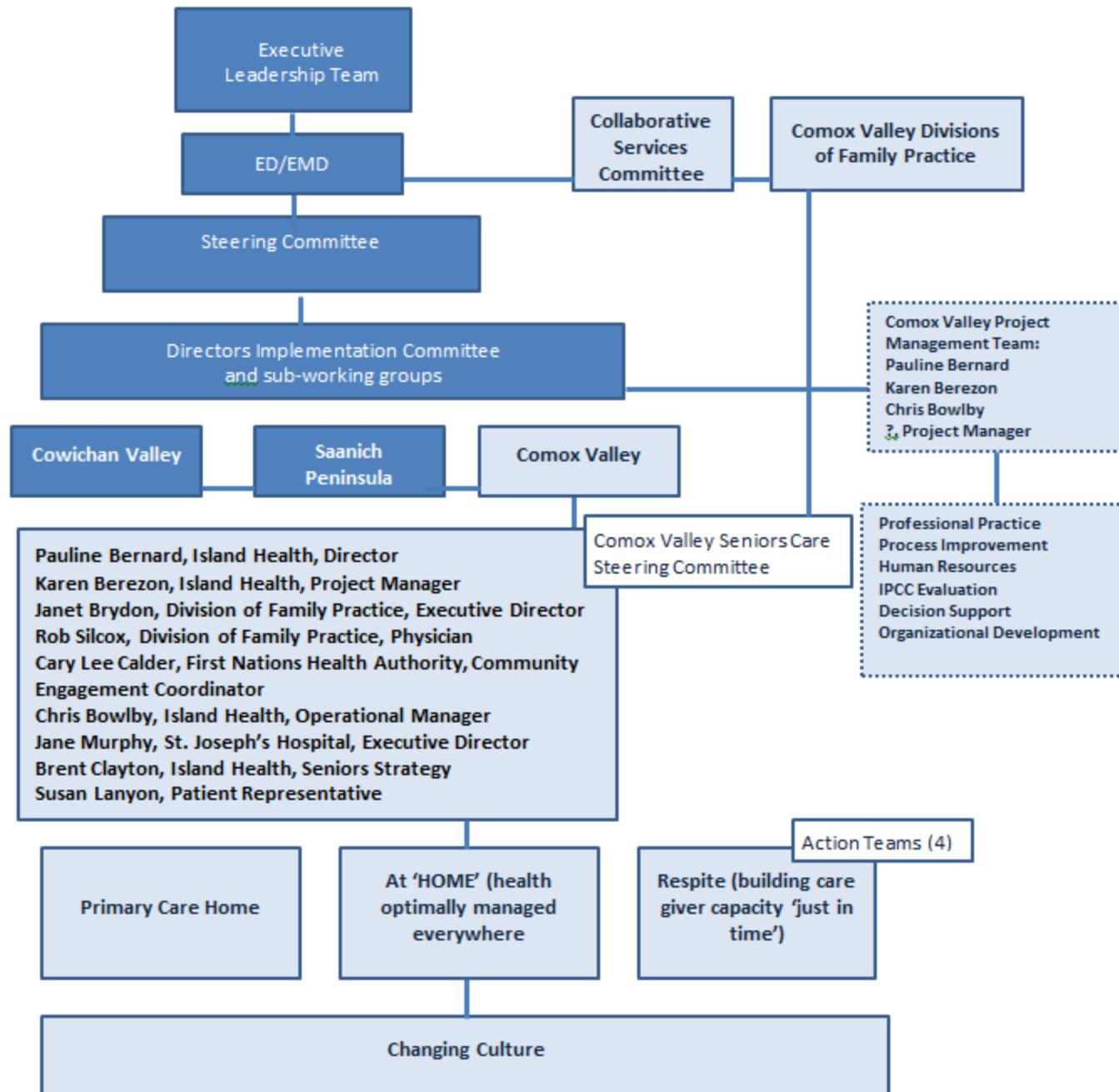
Some of what we know:

- 4 additional nursing staff are being hired to support this work
- Island Health is committed to supporting the success of this work
- Physician participation is key to making this initiative successful

Some of what still needs to be explored...

- How this will look through the eyes of a family physician – how will this impact my practice?
- How might we create greater connections between family physicians and the community team members?
- What payment arrangements might be needed to support this initiative?
- What is the best way to support improved communication and shared problem solving between the physicians and the Island Health teams?

How might we figure this out together?



Creating a Radical/Transformational, Cultural Change

We understand that creating radical change is not a straight pathway.

It is a process of continual learning and checking of progress against objectives. It's also about a shift in attitudes and behaviours.



Thoughts?

What do we mean when we strive for a patient-centred approach to providing care?

How might this model provide an environment that better supports you and your patients?

Next steps?



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