Geriatric Prescribing in the Emergency Patient

The intent of this flipchart is as a quick resource for appropriate medication management of common geriatric conditions.

Medications and doses listed are intended for more urgent and acute treatment and not necessarily for long-term use.

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ANXIETY - ACUTE

IS DRUG WITHDRAWAL CAUSING ANXIETY?

May manifest as insomnia, agitation, headache, myalgia or other pain, dizziness, nausea, vomiting Often onset of withdrawal is 24-48 hours after large dosage decrease or abrupt discontinuation of

MEDICATION WHICH MAY CAUSE ANXIETY SYMPTOMS **UPON WITHDRAWAL:**

Anticholinergics

medication

- SSRIs (citalopram, paroxetine, sertraline, etc.)
- . TCAs (amitriptyline, nortriptyline, imipramine, doxepin, etc.)
- Trazodone (particularly higher doses)
- Alcohol
- Hypnotics (less frequently with zopiclone, zolpidem)
- Benzodiazepines
- Opioids

IS A NEW MEDICATION OR DOSE CHANGE CONTRIBUTING TO ANXIETY?

Medication-related anxiety is often dose-related

Medications associated with causing anxiety: (bolded = more common)

- Carbamazepine
- **Digoxin (toxicity)**
- Felodipine
- Isoniazid .
- Levodopa (Sinemet®, Prolopa® and other dopamine agonists) related to resurgence of symptoms
- Levothyroxine (if dose too high)
- Methylphenidate (Ritalin®), pseudoephedrine, caffeine
- **NSAIDs** .
- Prednisone .
- Quinolones (such as ciprofloxacin, moxifloxacin, levofloxacin)
- Salbutamol (and salmeterol, formoterol (Berotec®) and terbutaline)
- SSRIs particularly fluoxetine (Prozac®)
- Theophylline

SHORT-TERM ACUTE MANAGEMENT:

- Maximize use of non-pharmacological approaches
- Elderly can be very sensitive to effects of benzodiazepines
- . Consider remote and recent past use of benzodiazepines for both benefit and side effect history
- Clonazepam 0.25 mg up to maximum BID PRN
- Lorazepam 0.5 mg po up to maximum BID PRN

DO NOT USE:

Alprazolam (Xanax®)

Diazepam Chlordiazepoxide

Buspirone (Buspar®)

Flurazepam

ANXIETY – ACUTE

DELIRIUM - CAUSES

- In elderly patients, it is important to search out and remove the potential causes of delirium.
- Confusion in elderly is often delirium, but mislabeled as dementia.

PRISM-E:

PRISM-E is an acronym that can assist the clinician in identifying and relieving all the underlying factors that contribute to the onset and perpetuation of delirium.

Р	PAIN
R	RESTRAINTRETENTION
	 INFECTION
S	SENSORY IMPAIRMENTSLEEPLESSNESS
М	 MEDICATION (new, withdrawal or change in dose) METABOLIC
E	ENVIRONMENTEMOTIONS

MEDICATIONS ASSOCIATED WITH DELIRIUM:

- Often dose related
- Includes non-prescription as well as prescription medications
- Consider with any medication change (not just listed below)
- Alcohol
- Anticonvulsants (such as phenytoin, carbamazepine, gabapentin)
- Anticholinergics (such as benztropine, scopolamine)
- Antidepressants (including SSRIs and particularly TCAs such as amitriptyline)
- Antiemetics (such as dimenhydrinate (Gravol®), meclizine)
- Antihistamines sedating (such as chlorpheniramine (Chlortripolon®), diphenhydramine (Benadryl®))
- Antiparkinsonian Meds which contain levodopa (such as Sinemet®, Prolopa®)
- **Antipsychotics** (such as olanzapine, quetiapine, risperidone, methotrimeprazine (Nozinan®), loxapine)
- Benzodiazepines
- **Corticosteroids** (more common with higher doses)
- Digoxin (with high levels/doses)
- Gastrointestinal medications (particularly cimetidine)
- Muscle relaxants (such as cyclobenzaprine (Flexeril®), methocarbamol (Robaxin®), baclofen)
- **Narcotics** (particularly meperidine, pentazocine, propoxyphene)
- **NSAIDs** (most common with indomethacin, sulindac)
- Urinary antispasmotics (such as oxybutynin, tolterodine (Detrol®), solifenacin (Vesicare®)

DELIRIUM & AGITATION - TREATMENT

CLINICAL PEARLS:

- Use non-pharmacological approach if able (family members present, quiet environment, glasses and hearing aids in, etc.)
- Use PRISM-E to help identify factors contributing to underlying delirium. Cause(s) of delirium <u>must be</u> investigated and removed if possible.

Antipsychotics:

- Are <u>not recommended</u> for use solely as a sedative/hypnotic
- May be used to manage agitation, aggression, and behaviour on PRN basis for short-term use
- Unlikely to benefit wandering patients or those with disruptive vocalizations
- May lower seizure threshold (<1% seizure risk)
- May affect body's ability to regulate temperature
- Incidence of extrapyramidal symptoms (EPS): haloperidol > loxapine > risperidone> olanzapine (Zyprexa®)> quetiapine (Seroquel®)
- Patients with Lewy Body Dementia or Parkinson's: Quetiapine is preferred
- All antipsychotics may prolong QT interval Symptoms of QT prolongation: dizziness, fainting, palpitation, nausea, vomiting; evident on ECG

MEDICATION	DOSE – (unless patient on established regimen already)
Risperidone *NOTE: Dissolvable tablet available	0.125 to 0.25 mg daily to bid prn PO/SL
	avoid total doses greater than 2 mg/day
Olanzapine (Zyprexa®)	1.25 to 2.5mg q4h prn PO/SL
*NOTE: Dissolvable tablet available	 avoid total doses greater than 10 mg/day
Quetiapine (Seroquel®)	6.25 to 12.5 mg PO q4h prn
	 avoid total doses greater than 50 mg/day
Haloperidol	0.25 to 0.5 mg q2 to 3 h prn PO/IM/SC/IV
	 avoid total doses greater than 2 mg/day
	(may use up to 1 mg in larger "younger" elderly)
Loxapine	2.5 mg PO/IM/SC q4h prn up to 10 mg per 24 hours
	 may be alternative for patients not responding to above agents
	(limited evidence for first-line use)
	 note risk of medication error with injectable form due to high
	concentration formulation

Note: There is a "black box" warning on the newer antipsychotic agents – suggest review with family regarding increased risk of CVD and pneumonia if used in patients with pre-existing dementia.

MONITOR:

- Improvement in target symptoms
- Sit to stand BP daily x 3 days
- Patients with cardiac history, other medications which may cause QT interval prolongation, may require ECG monitoring

DRUG WITHDRAWAL

CLINICAL PEARLS:

- Withdrawal symptoms often manifest after large dose reductions or abrupt discontinuations after prolonged use
- This may be important if your elderly patient's medication supply has "run out"
- The longer the half-life of the drug, the longer the time until symptoms of drug withdrawal occur
- Typically, withdrawal symptoms occur within 24 to 48 hours, but consider within 5 to 10 days since last dose

SYMPTOMS ARE OFTEN VARIED AND NON-SPECIFIC:

CNS	AUTONOMIC	OTHER					
 Agitation, Anxiety Depression Dizziness Dysphoric mood Grand mal seizures Hypersomnia (withdrawal from stimulants) Insomnia Psychotic symptoms Restlessness Hallucinations Vivid dreams 	 Autonomic hyperactivity Tachycardia (HR > 100) Diarrhea Fever Nausea & Vomiting Piloerection Pupillary dilation Sweating Tremor 	 Fatigue Increased appetite Lacrimation, rhinorrhea Malaise Myalgias Psychomotor agitation or retardation Yawning 					

MEDICATIONS:

- Alcohol
- Antidepressants (all classes)
- Antipsychotics (all classes and generations)
- Barbiturates (i.e.: Fiorinal®)
- Benzodiazepines
- Beta blockers
- Clonidine

Nicotine

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- Non-prescription medications (such as dimenhydrinate (Gravol®), diphenhydramine (Benadryl®), chlorpheniramine (Chlortripolon®), scopolamine)
- Opioids
- Sedatives/Hypnotics
- Stimulants (such as methylphenidate (Ritalin®) and caffeine)

HOW TO MANAGE:

- Management depends on medication that is causing withdrawal symptoms
- Includes supportive care
- If offending medication reinstituted, will need to withdraw more gradually than in a younger patient
- For alcohol withdrawal use lower doses of lorazepam to control withdrawal symptoms with CIWA protocol (consider 1-2 mg instead of 2-4 mg on protocol)
- For nicotine withdrawal, may use patches, lozenges and gum

ELECTROLYTE IMBALANCES

HYPONATREMIA – MEDICATION CAUSES:

- Antihypertensives: ACE inhibitors, clonidine, methyldopa, **thiazide diuretics** (HCTZ, chorthalidone, indapamide), furosemide
- Antidepressants: SSRIs (citalopram, escitalopram, sertraline, fluoxetine, paroxetine, fluvoxamine), TCAs (amitriptyline, nortriptyline, imipramine, doxepin, etc.), MAOIs (tranylcypromine), bupropion, duloxetine, mirtazapine, venlafaxine, trazodone
- Antineoplastics (chemo meds)
- ADH analogues (desmopressin (DDAVP®))
- NSAIDs
- Opioids
- Anticonvulsants (carbamazepine, levetiracetam (Keppra®), valproic acid)
- Antiparkinson meds (amantadine, levodopa, pramipexole (Mirapex®))
- Antiarrhythmics: amiodarone, propafenone
- Clofibrate (Lopid®)
- Sulfonylurea Hypoglycemics (i.e. tolbutamide, chlorpropamide, glyburide, glimepiride)
- Antipsychotics (may be due to effects on dopamine levels)
- Tacrolimus

HYPERKALEMIA - MEDICATION CAUSES:

- ACE inhibitors (enalapril, fosinopril, perindopril, ramipril, trandolapril, etc.)
- ARBs (candesartan, valsartan, irbesartan, etc.)
- Amiloride; Triamterene
- Spironolactone
- K supplements (including salt-substitutes)
- NSAIDs
- Co-trimoxazole (Septra® or Bactrim®) (specifically the trimethoprim component)
- Cyclosporine
- Tacrolimus
- Pentamidine
- Digoxin (in acute toxicity)
- Herbal Supplements: licorice root, dandelion

HYPOKALEMIA - MEDICATION CAUSES:

- Diuretics: thiazides (hydrochlorothiazide, chlorthalidone, indapamide), furosemide, ethacrynic acid, metolazone
- Beta agonists (high dose) such as salbutamol, salmeterol & terbutaline
- Penicillin (high dose)
- Sorbitol (often found in liquid medications including acetaminophen)
- Laxatives (in general)
- Insulin overdose
- Sodium Polystyrene Sodium (Kayexylate®) overuse
- Corticosteroids

FALLS

HOW CAN MEDS INCREASE RISK OF FALLS?

- Dizziness
- Orthostatic or postural hypotension
- Drowsiness
- Confusion, "muddling"
- Parkinsonian symptoms
- Balance and gait disturbances
- Changes in vision (blurred, double vision, halos)
- Impact on bladder, bowels

CLINICAL PEARLS

- Ask about dizziness or light-headedness upon sitting or standing
- Monitor for orthostatic hypotension (i.e. obtain sit-to-stand BP and HR)
- Consider recent med changes dose changes, additions, discontinuations

WHAT MEDS CAN INCREASE RISK OF FALLS?

- More than 3 5 prescription concomitant meds (regardless of type of med) increases risk of falls
- Psychoactive or psychotropic drugs
 - Antidepressants (TCAs, SSRIs, etc.)
 - Antipsychotics (haloperidol, loxapine, risperidone, olanzapine, quetiapine)
 - Sedative/hypnotics (benzodiazepines, zopiclone, OTC sleep aids)
 - Antihistamines (diphenhydramine (Benadryl®), dimenhydrinate (Gravol®))
 - Anticonvulsants (including gabapentin, phenytoin)
- Alcohol (more than 1 or 2 drinks/day)
- Analgesics (opioids/narcotics, NSAIDs)
- Muscle relaxants (methocarbamol (Robaxin®), cyclobenzaprine (Flexeril®))
- Cardiovascular meds
 - Antihypertensives
 - Antiarrhythmias
 - Diuretics

INSOMNIA

CLINICAL PEARLS:

- Address other causes of insomnia, such as nocturia or pain, before automatically giving a sleeping pill
- Ask about caffeine and stimulant use (such as in oral decongestants)
- Ask about OTC sleep aids such as Nytol® (diphenhydramine) Avoid use (refer to "Do not use" info, below
- If chronic, regular sedative used, continue current medication to avoid withdrawal
- Antipsychotics are <u>not recommended</u> for use solely as a sedative/hypnotic

IS YOUR PATIENT CONFUSED?

 Confusion in an elderly patient may be a symptom of withdrawal from a sedative <u>or</u> alternatively due to the sedative itself

WHAT SHOULD YOU USE FOR YOUR GERIATRIC PATIENT?

- Reserve for situations where poor quality sleep or daytime functioning are affected
- If a patient does not currently use a sleeping pill
 - Use the smallest dose possible
 - Use HS PRN only (don't automatically give)

MEDICATION	COMMENTS
Zopiclone	May repeat 3.75 mg dose in 1 hour if unable to sleep
3.75 mg po HS PRN	Health Canada Warning November 2014: maximum dose in elderly is 5mg
	nightly
Benzodiazepines	Use only for patients intolerant to zopiclone, using at home
	regularly or if otherwise clinically indicated
Lorazepam	
0.5 mg po HS PRN	 older adults are more sensitive to the effects of benzodiazepines on the
	CNS & more prone to side effects (such as confusion, amnesia,
Oxazepam	decreased daytime ability and mobility, cognitive impairment)
7.5 to10 mg po HS PRN	
Trazodone	May be helpful if agitation is contributing to insomnia
25 mg po HS	Note: may cause dizziness, postural hypotension at higher doses in elderly

DO NOT USE:

Antidepressants amitriptyline & other tricyclic antidepressants, mirtazapine (these are not indicated for sleep alone) Barbiturates - long acting and high rate of physical dependence Non-Prescription Medications (mostly antihistamine) dimenhydrinate (Gravol®), diphenhydramine (BenadryC, Nytol®, Sleep-Eze®, Sominex®, Unisom®, Tylenol Nighttime®) Antipsychotic Medications haloperidol, quetiapine (Seroquel®), risperidone, olanzapine Longer-acting Benzodiazepines flurazepam, bromazepam, alprazolam, diazepam, chlordiazepoxide, clonazepam Ultra-short acting Benzodiazepines triazolam (Halcion®), midazolam **Zolpidem** – may cause complex sleep behaviours and has insufficient evidence in elderly

NAUSEA AND VOMITING

CLINICAL PEARLS:

- Determine cause of nausea (N), vomiting (V) before treating these symptoms
- Any medication change may cause N&V (i.e. new <u>or</u> discontinued med or dose change)
- Avoid giving dimenhydrinate automatically with morphine and other opioids. Consider starting with a lower dose of
 opioid and giving anti-nauseant only if needed.
- Avoid combining use of prokinetic agents (metoclopramide, domperidone) with anticholinergics (dimenhydrinate) as these reduce effects of each other.
- Onset and duration of action of many meds may be delayed and unpredictable in elderly (especially IM route)
- Reassess effects of medication and discontinue if ineffective

MEDICATION CAUSES:

Nausea more likely upon starting these agents (typically resolves with continued use):

- Antibiotics
- Antidepressants
- Cholinesterase inhibitors (such as Donepezil, Galantamine, Rivastigmine)
- Cytotoxics (Chemotherapy) and radiation
- Iron
- NSAIDs
- Opioids
- Potassium
- Theophylline

Nausea more likely with chronic use, high doses, or toxicity

- Anticonvulsants
- Digoxin
- Opioids
- Theophylline

MEDICATION WITHDRAWAL CAUSING NAUSEA & VOMITING:

- Opioids
- Benzodiazepines
- Alcohol

MEDICATION MANAGEMENT:

CAUSE	COMMENTS	MEDICATION						
Chemically Induced	Tolerance to N&V from medications	Dimenhydrinate (Gravol®)						
(Medications or Toxins)	develops quickly – may only need short	12.5 to 25 mg PO/IV/SC q6h prn						
	course of anti-emetic	Prochlorperazine (Stemetil®)						
Opioid-Induced		2.5 to 5 mg PO q8h prn						
GI dysmotility	May be caused by drugs such as opioids	Metoclopramide 5 to 10 mg q6 to 8h						
If bowel obstruction	or anticholinergics	PO/SC/IV prn						
suspected: AVOID		Domperidone 5 to 10 mg PO q6 to 8h prn						
prokinetic agents		Ondansetron 4 mg PO/IV q8 to 12h prn						
Vertigo	Often see autonomic symptoms such as	No optimal agents available						
	pallor, diaphoresis, salivation as well	Could trial:						
		Dimenhydrinate 12.5 to 25 mg PO/IV/SC						
		q6h prn <u>OR</u>						
		Betahistine (Serc®) 8 mg PO TID PRN						
GERD/Irritation	May be caused by drugs such as ASA,	Antacid 15-30 mL QID PRN						
	NSAIDs, iron, potassium, some	H2 antagonist – Ranitidine 150 mg PO						
	antibiotics, alcohol	BID or 50 mg IV q12h						
		PPI – Pantoprazole 40 mg PO daily						
Chemotherapy Induced		Ondansetron 4 to 8 mg PO/IV q12h prn						
		+/- Dexamethasone 4 mg PO/IV g12h						

NAUSEA AND VOMITING

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PAIN - ACUTE

FOR CURRENT OPIOID USER:

- Order usual opioid dose, and supplement with immediate release (IR) opioid for breakthrough acute pain.
- Best to use the same opioid when possible for both regularly scheduled and PRN doses easier to monitor and titrate

WHAT SHOULD YOU START WITH FOR YOUR GERIATRIC PATIENT?

- Acetaminophen 650 to 975 mg PO/PR QID prn (lower dose for long-term use)
- Morphine 1 to 2.5 mg PO q3 to 4h prn OR 0.5 to 2 mg SC/IV q3 to 4h prn
- Hydromorphone 0.5 to 2 mg PO q3-4h prn OR 0.25-1 mg SC/IV q3 to 4h prn
- Ensure any patient taking narcotics is ordered a bowel protocol

CAUTIOUS USE:

MEDICATION	COMMENTS
NSAIDs & COXIBs	AVOID in patients with :
Use lowest dose for short term only	 Hypertension CHF Renal impairment (eGER < 60)
Ibuprofen 200 to 400mg PO q6-8h prn	 Gastic reflux or GERD Past GI bleed
Diclofenac 50 mg PO or PR q12h prn	
	Naproxen possibly a safer cardiac option
Naproxen 250 mg PO or PR q8h prn	NSAIDS may aques confusion (rerely)
Ketorolac IV 15mg q6h prn	NSAIDS may cause confusion (rarely)
	May cause dizziness, vertigo, drowsiness, headache in
	Increasing order of frequency: Ibuprofen < Diclofenac < Naproxen < Ketorolac < Indomethacin
Celecoxib 100mg daily to BID	
	COXIBs have equal efficacy and similar renal/CV toxicity to other NSAIDs
Fentanyl	Very short duration of action
12.5 to 25 mg IV/SC q2-3h prn	
Tylenol #3® tablets	Caution if previous constipation or bowel obstruction with
1 to 2 tablets q4 to 6h prn	codeine
Oxycodone 2.5-5mg PO q4-6h prn (Percocet®) contains 5mg oxycodone	Each tablet of Tylenol#3 or Percocet contains ~ 325 mg acetaminophen

RARELY APPROPRIATE:

Muscle relaxants

(Cyclobenzaprine (Flexeril®), methocarbamol (Robaxacet®, Robaxin®), diazepam

Use smallest dose for short time only

DO NOT USE:

- Pentazocine
- Meperidine
- Fentanyl Patch -do not use for opioid naïve and also is acutely not effective due to long onset of action
- Buprenorphine Patch (Butrans®) do not use for acute pain due to long and delayed duration of action

PNEUMONIA

Elderly patients require more time to develop a fever and may only increase temperature by 2.5° C or less Symptoms may be non-specific (i.e. change in mental status, falls, confusion, fatigue, failure to thrive).

CLINICAL PEARLS:

- Symptoms in the elderly could include classic respiratory symptoms but often include atypical symptoms such as mental status changes, falls, increased HR, hypotension, increased or decreased temp, increased or decreased WBC
- Strep pneumo is still the most common pathogen for bacterial pneumonia
- Viral causes of community acquired pneumonia (CAP) is common not always bacteria
- Need to ensure more frequent INR monitoring if patient on warfarin and given fluoroquinolones (such as levofloxacin or moxifloxacin) or co-trimoxazole (Septra® or Bactrim®)
- Moxifloxacin and clarithromycin may affect QTc use caution in patients with other QTc prolonging medications or who have QTc > 450 msec (avoid if > 500 msec)
- Azithromycin may affect QTc but to a lesser extent than clarithromycin

TREATMENT:

- Don't use same class of medication if patient has received in the past 3 months
- Empiric treatment of CAP for elderly patients is the same as for the younger adult
- May use ceftriaxone IV or amoxicillin-clavulanate PO with Macrolide or Doxycycline (i.e. if patient had received no antibiotic or has received any fluoroquinolone in past 3 months)
- May use moxifloxacin (if cephalosporin and/or macrolide used in past 3 months)
- Oral moxifloxacin has good bioavailability (90%) and could be considered in clinically stable patients able to swallow
- For patients in whom a UTI may also be suspected: moxifloxacin and macrolides have limited urinary
 effects and alternative choices may be superior
- For aspiration pneumonia coverage of anaerobes is controversial and may have been overemphasized in the past. May be beneficial in patients with poor oral hygiene, poor dentition, and with putrid sputum - may be more significant in witnessed aspiration and/or recent abdominal surgery
- Refer to current local antibiogram (available on FHA intranet)
- Treatment duration typically 7 to 14 days may stepdown to oral therapy before 7 days to complete course of therapy (after afebrile 48-72 hours)
- Pneumonia due to *Klebsiella* may require 14 days therapy

URINARY TRACT INFECTION

Elderly patients require more time to develop a fever and may only increase by less than 2.5^o C Symptoms may often be non-specific (i.e. change in mental status, falls, confusion, fatigue, failure to thrive)

CLINICAL PEARLS:

- Obtain urinalysis and culture if suspected
- Avoid catheterization in elderly unless absolutely necessary regular and frequent toileting may help prevent incontinence – create a toileting schedule
- Symptoms in the elderly could include classic urinary symptoms but often include atypical symptoms such as mental status changes, weakness, falls, new or increased incontinence, increased HR, hypotension, increased or decreased temp, increased or decreased WBC
- Consider treatment if symptomatic <u>AND</u> bacteria ≥ 100 mega CFU/L <u>AND</u> pyuria ≥ 10 WBCs per HPF (don't treat asymptomatic bacteriuria)
- Some consider 10 mega CFU/L as the cut-off for treatment in <u>symptomatic</u> elderly patients
- Need to ensure more frequent INR monitoring if patient on warfarin and given fluoroquinolones (i.e. ciprofloxacin) or co-trimoxazole

TREATMENT:

- Consider ciprofloxacin, co-trimoxazole (Septra® or Bactrim®) or nitrofurantoin (Macrobid®) (if eGFR greater than 40mL/min) as first line agents
- Nitrofurantoin not effective if eGFR less than 40 mL/min
- Nitrofurantoin requires a 7 day course
- Nitrofurantoin may be less effective in older males due to potential prostate involvement (unable to get high enough tissue concentration)
- Ciprofloxacin and co-trimoxazole can be given for 3 to 5 days in uncomplicated cases
- Moxifloxacin not effective for UTI as not enough gets into the urine
- Be familiar with local antibiogram (available on FHA Intranet)
- Male patients with prostatitis may require longer duration of therapy

CATHETER-ASSOCIATED UTI:

- Consider treatment if symptomatic (as above)
- These patients will have high incidence of bacteriuria (don't treat asymptomatic bacteruria)
- Remove and replace catheter (if it is needed) and treat empirically
- Obtain urine specimen after catheter removed and/or replaced since bacteria may adhere to old catheter
- Minimum treatment duration of 7 days (usually 10 to 14 days)

APPENDIX A: ANTICHOLINERGIC SIDE EFFECTS

	Mild	Moderate	Severe
CNS	 Drowsiness Fatigue Mild amnesia Inability to concentrate 	 Excitement Restlessness Confusion Memory impairment 	 Profound restlessness and disorientation; Agitation Hallucinations; Delirium Ataxia, Muscle Twitching; Hyperreflexia; Seizures Exacerbation of cognitive impairment (in dementia)
Eyes	 Inability to accommodate Vision disturbances Dizziness 	Vision disturbancesDizziness	 Increase risk of accidents; Falls Exacerbation of acute angle closure glaucoma
Mouth	Dry mouth	 Disturbing dry mouth Speech problems Decrease Appetite 	 Difficulty chewing, swallowing, and speaking Impaired perception of taste & texture of food Mucosal damage Dental/periodontal disease Malnutrition
GI		 Esophagitis Decrease Gastric secretions Decrease Gastric emptying Decrease Peristalsis; Constipation 	 Fecal impaction Altered medication absorption Paralytic ileus; Pseudo-obstruction
CVS		Increase HR	 Conduction disturbance; SVT Exacerbation of angina CHF
Urinary	Urinary hesitancy	Urinary hesitancy	Urinary retention; UTI
Skin	Decrease Sweating	Decrease Sweating	Thermoregulatory impairment leading to hyperthermia

WHAT MEDICATIONS CAN CAUSE ANTICHOLINERGIC (Ach) SIGNS AND SYMPTOMS?

Medications with Ach	Medications with Ach	Medications with some						
mechanism of action	side effects	in vitro Ach activity						
 Hyoscine (Buscopan®) Dimenhydrinate (Gravol®) Prochlorperazine (Stemetil ®) Benztropine (Cogentin®) Trihexyphenidyl (Artane®) Belladonna Oxybutynin (Ditropan®) Flavoxate (Urispas®) Atropine 	 Disopyramide (Rythmodan®) Quinidine Diphenhydramine (Benadryl®) Cyclobenzaprine (Flexeril®) Tricyclic antidepressants (amitriptyline, nortriptyline, imipramine, doxepin, etc.) Chlorpromazine, fluphenazine (Modecate®) 	 Cimetidine Theophylline Digoxin Nifedipine Furosemide Ranitidine Isosorbide Warfarin Dipyridamole (Persantine®) 						
Ipratropium (Atrovent®)Tiotropium (Spiriva®)	Meperidine (Demerol®)	 Codeine Captopril Dvazide® 						

APPENDIX B: EXTRAPYRAMIDAL SYMPTOMS "EPS"

WHAT DO THEY INCLUDE?

- Dystonia involuntary sutained muscle contractions that result in twisting and reptitive movements or abnormal postures
- Akathisia motor restlessness
- Parkinsonism Akinesia, bradykinesia
- Tardive Dyskinesia delayed onset and may be non-reversible involuntary movements such as lipsmacking

COMMON MEDICATIONS WHICH CAN CAUSE:

- Antipsychotics (haloperidol > loxapine > risperidone > olanzapine > quetiapine)
- Metoclopramide

HOW TO TREAT?

- In elderly, dose reduction (if clinically appropriate) or removal of the offending med is the first line therapy
- Although EPS can be reversed with anticholinergic medications, these may cause undesirable side effects in elderly (see Appendix on Anticholinergic Side Effects)

APPENDIX C: GERIATRIC RESOURCES

OTHER GERIATRIC RESOURCES WITHIN FHA:

Geriatric Medicine Consult Geriatric Emergency Nurse Clinician Clinical Pharmacist Delirium Watch

FHA INTRANET RESOURCES:

Appropriate Use of Drugs in the Elderly (Jan 2010)

FHA Clinical Education – Detecting the 3 D's

VCH Antipsychotic Guidelines for BPSD Management (in depth review)

BC Guidelines (www.bcguidelines.ca)

FHA Local Antibiograms:

- Fraser East (ARH, CCH, FCH, MMH) Antiobiogram
- Fraser North (BH, ERH, RCH, RMH) Antiobiogram
- Fraser South (DH, JPOCSC, LMH, PAH, SMH) Antiobiogram

FHA Protocols: CIWA Alcohol withdrawal, Pneumonia, Delirium

OTHER:

STOPP Criteria for Inappropriate Medications (Screening Tool of Older Persons' potentially inappropriate Medications) - <u>http://www.em-consulte.com/en/module/displayarticle/article/245669/tableau/tbl3</u>

Geri-Rx Files: Assessing medications in older adults, First Edition. May 2014.

ABBREVIATIONS USED:

- ACE Angiotensin-converting Enzyme
- ADH Anti-Diuretic Hormone
- ARB Angiotensin II receptor blockers
- COX-2 Cyclooxygenase-2
- CVS Cardiovascular System
- **EPS** Extrapyramidal Symptoms
- NSAID Non Steroidal Anti-inflammatory Drug
- **OTC** Over the Counter (i.e.- does not require a prescription)
- **SSRI** Selective serotonin re-uptake inhibitors
- TCA Tricyclic Antidepressant
- UTI Urinary Tract Infection

"It is an art of no little importance to administer medicines properly, but it is an art of much greater and more difficult acquisition to know when to suspend or altogether to omit them."

Phillipe Pinel (1745-1826)

GERIATRIC RESOURCES

Table of Contents

FRASER EAST ANTIBIOGRAM

				GRAM	/ POS	ITIVE			GRAM NEGATIVE									
	ARH, CGH, FCH, MMH	Ireus	reus)	(snaın	е,	roup A								6		enzae	S	guide to empiric therapy until culture and susceptibility results are available.
	2013	us aı A)	illin ħ. au	llin Ph. a	gativ us	9.		spp	ilo		ilis	sms ^b		iona	dds	influ	agili	KEY
	ANTIBIOGRAM	OCCI	ethic Stapl	e Sta	e Ne	ccus	iae	snoo	iia c	dds	nirab	gani;	onas sa	nom ia	acter	ilus	les fr	R = Inherently resistant
	(70 Susceptible)	hyloc A + A	4 (M tant	A (Me	ulas	toco	toco mon	0000	erict	siella	u sn	й ш	dom	otrop	stobé	hqor	eroia	S = Predictably ≥99% susceptible
		Stapl	WRS/ Resis	NSS/	Coag	Strep	Strep	Enter	Esch	Klebs	Prote	SPIC	Pseu aerug	stenc	Acine	Haen	Bacte	= Susceptibility not tested
Number of Isolates		1484	459	1025	218	110	92	936	3755	597	202	403	247	30	39	133	53	N = Not recommended
	Cloxacillin	69	R	99	50	N	N	R	R	R	R	R	R	R	R	R	R	Synergy with penicillins or vanco
ş	Penicillin	Ν	R	N	N	100	99	80	R	R	R	R	R	R	R	N	R	MDRO Prevalence:
nidillir	Ampicillin	Ν	R	N	N	100	99	86	44	R	45	R	R	R	R	87	R	- ESBL E. coli: 9% - ESBL Klebsiella spp: 4%
Pei	Amoxicillin/Clavulanate	69	R	99	50	100	99	86	86	94	93	R	R	R	R	S		NOTES:
	Piperacillin/Tazobactam	69	R	99	50	100	99	86	96	96	99	Ne	91	R	90	S	91	a. This antibiogram includes only the
	Cephalexin - 1st gen	69	R	99	50	100	N	R	52 ^g	80 ^g	46 ^g	R	R	R	R	R	R	first isolate of a specific organism from any patient.
orins	Cefazolin ^c - 1st gen	69	R	99	50	100	N	R	77	81	46	R	R	R	R	N	R	b. SPICE organisms are Serratia,
alosp	Cefixime - 3rd gen		R			N	N	R	87	95	94	N	R	R	R	S	R	Providencia, Morganella, Citrobacter, Enterobacter and P. vulgaris. These
Ceph	Cefotaxime / Ceftriaxone - 3rd gen		R			100	99	R	87	94	95	N	R	R	R	S	R	organisms may carry inherent genes
Ĩ	Ceftazidime - 3rd gen		R			N	Ν	R				Ν	93	R		S	R	that cause <i>In-VIVO</i> resistance to all cephalosporins.
ems	Ertapenem - restricted		R					R	99	98	99	96	R	R	R	S		c. Interpretation based on dose of
apen	Imipenem - restricted		R					86 ^j	99	96			86	R		S	94	d. Susceptibility for S. maltophilia
Cart	Meropenem - restricted		R						99	99	99	99	92	R	97	S	92	represents minocycline.
	Gentamicin					R	R	۲	93	97	98	93	93	R	97	N	R	inducible enzyme that confers
AMG	Tobramycin	Ν	Ν	N		R	R		92	95	98	93	99	R	97	N	R	resistance against
	Amikacin	Ν	Ν	N		R	R	Ν	99	99	99	99	98	R	90	N	R	f. Some S. aureus isolates with an
sc	Ciprofloxacin	N	N	N	N	N	N	60 ^g	76	95	95	95	89	R	95	S	R	MIC of 2 will be interpreted as
Ĕ	Moxifloxacin						99	Ν		NO	T reco	mmend	led for	UTI		S	R	susceptible but may result in clinical failure.
	Azithromycin / Clarithromycin	59 ⁱ	9 ⁱ	81 ⁱ	40	83 ⁱ	78	R	R	R	R	R	R	R	R	S	R	g. For urinary tract isolates only.
	Clindamycin	78	56	87	57	87	95	R	R	R	R	R	R	R	R	R	53	i. Susceptibility to erythromycin for
sn	Doxycycline	97	96	97	85		92	23 ^g			R		R	97 ^d		S		these organisms is the same as for azithromycin/ clarithromycin. j. Ampicillin result predicts imipenem result for <i>E. faecalis</i> .
aneot	Linezolid - restricted	99	99	99	99			98	R	R	R	R	R	R	R	R	R	
iscell	Metronidazole	R	R	R	R	R	R	R	R	R	R	R	R	R	R	R	99	
Σ	Nitrofurantoin - simple cystitis only ^g	98	99	97	98	Ν	R	86	91	39	R	R	R	R	R	R	R	
	TMP-SMX or Cotrimoxazole	94	95	93	79	R	86	R	78	93	88	92	R	97	87	S	R	
	Vancomycin	99 ^f	99 ^f	99 ^f	99	100	99	93	R	R	R	R	R	R	R	R	R	

ative efforts of the Fraser Health Department of Laboratory Medicine and Pathology, FHA Medication Use Evaluation Team and FHA Antimicrobial Stewardship Progr

FRASER NORTH ANTIBIOGRAM

				GRA	M POS	ITIVE					G	ram n	EGAT	VE		The second second second		
	BH, ERH, RCH, RMH		reus)	(sneus)	e	roup A								8		enzae	S	This susceptibility chart is provided as a guide to empiric therapy until culture and susceptibility results are available.
	2013	us aı ≬)	illin ħ. au	llin Ph. a	gativ us	9 .		dds	ilo		ilis	sms ^t		ona	dds.	influ	agili	KEY
	(% Suscentible ^a)	OCC	ethic Stap	e Sta	e Ne	ccus	iae	snoo	iia c	dds a	nirab	gani	onas	non ia	acter	ilus	les fi	R = Inherently resistant
	(70 Susceptible)	hyloo A + N	4 (M tant	A (Me	ulas	toco	toco	000	ericl	siella	u sna	E Or	dom	otrop	stobé	hqor	eroia o ^h	S = Predictably ≥99% susceptible
		Stapl	NRS , Resis	NSS/	Coag	Strep	Strep	Enter	Esch	Klebs	Prote	SPIC	Ps eu aerug	stenc	Acine	laen	3acti Jroul	= Susceptibility not tested
Number of Isolates		2386	780	1606	280	182	116	1455	4385	918	432	646	412	68	78	249	53	N = Not recommended
	Cloxacillin	67	R	99	36	Ν	Ν	R	R	R	R	R	R	R	R	R	R	Synergy with penicillins or vanco
ę	Penicillin	Ν	R	N	N	100	99	65	R	R	R	R	R	R	R	N	R	MDRO Prevalence:
nicilli	Ampicillin	Ν	R	N	N	100	99	76	40	R	49	R	R	R	R	82	R	- ESBL E. coli: 11% - ESBL Klebsiella spp: 4%
Pe	Amoxicillin/Clavulanate	67	R	99	36	100	99	76	83	94	93	R	R	R	R	s		NOTES:
	Piperacillin/Tazobactam	67	R	99	36	100	99	76	95	95	99	Ne	85	R	98	S	91	a. This antibiogram includes only the
	Cephalexin - 1st gen	67	R	99	36	100	N	R	49 ^g	78 ^g	52 ^g	R	R	R	R	R	R	first isolate of a specific organism from any patient.
orins	Cefazolin ^c - 1st gen	67	R	99	36	100	Ν	R	74	79	54	R	R	R	R	N	R	b. SPICE organisms are Serratia,
alosp	Cefixime - 3rd gen		R			Ν	N	R	86	95	94	Ν	R	R	R	S	R	Providencia, Morganella, Citrobacter, Enterobacter and P. vulgaris. These
Ceph	Cefotaxime / Ceftriaxone - 3rd gen		R			100	99	R	86	95	96	Ν	R	R	R	S	R	organisms may carry inherent genes
	Ceftazidime - 3rd gen		R			Ν	Ν	R				Ν	92	R		S	R	cephalosporins.
ems	Ertapenem - restricted		R					R	99	99	99	99	R	R	R	S		c. Interpretation based on dose of
apen	Imipenem - restricted		R					76 ^j	99	97			88	R		S	94	d. Susceptibility for S. maltophilia
Cart	Meropenem - restricted		R						99	99	99	99	91	R	96	S	92	represents minocycline.
	Gentamicin					R	R	۲	90	97	94	92	94	R	99	N	R	inducible enzyme that confers
AMG	Tobramycin	Ν	Ν	N		R	R		89	95	94	91	99	R	97	N	R	resistance against
	Amikacin	N	N	Ν		R	R	N	99	99	99	99	98	R	99	N	R	f, Some S. aureus isolates with an
ss	Ciprofloxacin	Ν	N	N	N	N	N	47 ^g	75	95	77	93	88	R	96	S	R	MIC of 2 will be interpreted as
F	Moxifloxacin						99	N		NO	T reco	mmend	led for	UTI		S	R	failure.
	Azithromycin / Clarithromycin	57 ⁱ	12 ⁱ	78 ⁱ	34	77 ⁱ	74	R	R	R	R	R	R	R	R	S	R	g. For urinary tract isolates only.
	Clindamycin	69	44	82	47	78	85	R	R	R	R	R	R	R	R	R	53	i. Susceptibility to erythromycin for
s	Doxycycline	95	92	96	89		79	23 ^g			R		R	99 ^d		S		i. Susceptibility to erythromycin for these organisms is the same as for azithromycin/ clarithromycin. j. Ampicillin result predicts imipenem result for <i>E. faecalis</i> .
oaue	Linezolid - restricted	99	99	99	99			99	R	R	R	R	R	R	R	R	R	
scell	Metronidazole	R	R	R	R	R	R	R	R	R	R	R	R	R	R	R	99	
Σ	Nitrofurantoin - simple cystitis only ^g	97	97	97	99	Ν	R	81	93	40	R	R	R	R	R	R	R	
	TMP-SMX or Cotrimoxazole	96	97	96	70	R	82	R	76	93	74	90	R	97	94	S	R	
	Vancomycin	99 ^f	99 ^f	99 ^f	99	100	99	85	R	R	R	R	R	R	R	R	R	

Produced by the collaborative efforts of the Fraser Health Department of Laboratory Medicine and Pathology, FHA Medication Use Evaluation Team and FHA Antimicrobial Stewardship Program.

FRASER SOUTH ANTIBIOGRAM

				GRA	M POS	ITIVE					GF	ram n	EGATI						
DH, JPOSCS, LMH, PAH, SMH		ureus	ireus)	aureus)	е	iroup A						•		s	0	enzae	is	and susceptibility chart is provided as a guide to empiric therapy until culture and susceptibility results are available.	
	2013 ANTIBIOGRAM	sa) SA)	cillin oh. au	aph. 8	egativ c <i>us</i>	s - G	SI	dds s	ilo	٩	bilis	isms	S	nona	r spi	influ	fragil	KEY	
	(% Susceptible ^a)	MR	Methi t Staj	Aethic ole St	se N	1000	occu niae	прос	chia	la sp	mira	rgan	nona	ilia ilia	bacte	hilus	des	R = Inherently resistant	
		sA +	SA (I	SA (N Septit	gula	ptoc	ptoc	eroce	heric	siel	teus	E O	udor	notro toph	netoł	dom	teroi up ^h	S = Predictably ≥99% susceptible	
		Stay (MS	MR: Res	MSS Susc	Coa Staj	Stre	Stre pne	Ente	Esc	Klet	Proi	SPIG	Ps e aeru	Ster malt	Acir	Hae	Bac grou	= Susceptibility not tested	
Number of Isolates		2564	812	1752	202	195	168	1225	5423	887	436	589	472	78	49	204	53	N = Not recommended	
	Cloxacillin	68	R	99	41	N	N	R	R	R	R	R	R	R	R	R	R	Synergy with penicillins or vanco	
S	Penicillin	Ν	R	Ν	Ν	100	99	77	R	R	R	R	R	R	R	Ν	R	MDRO Prevalence:	
nicilli	Ampicillin	Ν	R	Ν	Ν	100	99	83	40	R	38	R	R	R	R	84	R	- ESBL E. coll: 10% - ESBL Klebsiella spp: 5%	
Å	Amoxicillin/Clavulanate	68	R	99	41	100	99	83	82	93	90	R	R	R	R	S		NOTES:	
	Piperacillin/Tazobactam	68	R	99	41	100	99	83	95	95	98	Ne	85	R	96	S	91	a. This antibiogram includes only the	
	Cephalexin - 1st gen	68	R	99	42	100	N	R	50 ^g	78 ^g	42 ^g	R	R	R	R	R	R	first isolate of a specific organism from any patient.	
onins	Cefazolin ^c - 1st gen	68	R	99	41	100	Ν	R	73	80	48	R	R	R	R	Ν	R	b. SPICE organisms are Serratia,	
alosp	Cefixime - 3rd gen		R			N	N	R	86	94	92	Ν	R	R	R	\$	R	Providencia, Morganella, Citrobacter, Enterobacter and P. vulgaris. These organisms may carry inherent genes	
Ceph	Cefotaxime / Ceftriaxone - 3rd gen		R			100	99	R	86	93	92	Ν	R	R	R	S	R		
	Ceftazidime - 3rd gen		R			N	Ν	R				Ν	91	R		S	R	that cause <i>in-vivo</i> resistance to all cenhalosporins	
ems	Ertapenem - restricted		R					R	99	99	99	95	R	R	R	S		c. Interpretation based on dose of	
aper	Imipenem - restricted		R					83 ^j	99	99			84	R		S	94	cefazolin 2g IV q8h. d. Susceptibility for S. maltophilia	
Cart	Meropenem - restricted		R						99	99	99	99	87	R	98	S	92	represents minocycline.	
6	Gentamicin					R	R	8	91	97	92	94	91	R	98	N	R	e. SPICE organisms have an inducible enzyme that confers	
AMG	Tobramycin	Ν	N	N		R	R		89	96	93	92	99	R	99	N	R	resistance against	
	Amikacin	N	N	N		R	R	Ν	99	99	99	99	98	R	92	N	R	piperacillin/tazobactam.	
s	Ciprofloxacin	N	N	N	N	N	N	52 ⁹	72	95	81	91	89	R	94	S	R	MIC of 2 will be interpreted as	
F	Moxifloxacin						99	Ν		NO	T reco	mmend	led for	UTI		S	R	susceptible but may result in clinical	
	Azithromycin / Clarithromycin	57 ⁱ	13 ⁱ	77 ⁱ	37	86 ⁱ	79	R	R	R	R	R	R	R	R	S	R	g. For urinary tract isolates only.	
	Clindamycin	74	54	83	50	86	88	R	R	R	R	R	R	R	R	R	53	h. Combined from all FHA sites.	
2	Doxycycline	96	96	96	88		84	22 ^g			R		R	99 ^d		S		these organisms is the same as for	
aneou	Linezolid - restricted	99	99	99	97			94	R	R	R	R	R	R	R	R	R	azithromycin/ clarithromycin. j. Ampicillin result predicts imipenem result for <i>E</i> faecalis	
scell	Metronidazole	R	R	R	R	R	R	R	R	R	R	R	R	R	R	R	99		
×	Nitrofurantoin - simple cystitis only ^g	97	97	96	98	Ν	R	83	92	40	R	R	R	R	R	R	R	result for L. raccans.	
	TMP-SMX or Cotrimoxazole	90	92	88	71	R	88	R	73	92	74	90	R	97	90	S	R		
	Vancomycin	99 ^f	99 ^f	99 ^f	99	100	99	91	R	R	R	R	R	R	R	R	R		

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