

Do YOU need help finding...

Community Resources?

ASK YOUR PHYSICIAN about the **Community Navigator!**



The **Community Navigator** can connect you with appropriate health and social support services in your community, such as:

- ✓ Home support
- ✓ Counselling
- ✓ Income support programs
- ✓ Employment services
- ✓ Parenting and child support
- ✓ Mobility services
- ✓ Government programs

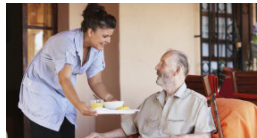
The Community Navigator will:

Help to identify your needs and inform your doctor about the services you've been connected to based on your consent.

Talk to your family doctor for a referral to the Community Navigator.

For more information please visit:

<https://www.divisionsbc.ca/comox/communitynavigator>



Comox Valley
Division of Family Practice

A GPSC initiative