NP Responsibilities

The NP will:
- assess your health, diagnose, and prescribe medications as indicated by your health care requirements
- respect your values and health care decisions
- work with you and your caregivers in the development of a care plan that will include immediate health requirements and a long term advance care plan

Patient & Caregiver Responsibilities

- Be an active participant in the management of your health, working together with the NP and Home Health team
- Follow your medications and treatment plan
- Communicate changes in your health to the NP and Home Health team
- Discuss advance care planning with your family and write down what is important to you

General Information

Office Hours
- Monday to Friday 8:30 am to 4:30 pm excluding holidays

Telephone Calls

Phone 604-364-7926
- Please leave a message during office hours clearly identifying your concerns and return phone number. The NP will return your call as soon as possible.

Changing Appointments
- Please call at least 3 days in advance to cancel or reschedule an appointment.

Emergency & After Hours Care
- Phone 911 if you are experiencing a life threatening illness
- If you have a GP, phone the GP office on-call system
- Phone 811 to speak to a nurse at any time at Health Link BC
- Notify the NP if you go to the hospital so we can send appropriate health information to assist in your care

Office Address

Tri-Cities Home Health Office
Unit 6, 2601 Lougheed Hwy.
Coquitlam B.C. V3C 4J2

Phone 604-364-7926
Fax 604-777-7392
**What is a Nurse Practitioner?**

A Nurse Practitioner (NP) is a nurse who has completed an advanced nursing program and is able to assess, diagnose and treat patients, as regulated by the College of Registered Nurses of British Columbia (CRNBC).

**What is the Frail Elderly Nurse Practitioner Project?**

This project will connect homebound frail elderly patients who find it difficult to go to a doctor’s office with a Nurse Practitioner. The Nurse Practitioner will provide care in the patient’s home, consulting with doctors when needed.

**Project Vision**

To work in partnership with our patients to improve their health to the best of their abilities while respecting their culture, values and health care decisions.

**Project Goals**

- Maintain and enhance the health and quality of life for patients and their caregivers
- Support patients in their preference to live at home as long as possible
- Minimize emergency department visits and hospital stays

**Referral Criteria**

- You must live in New Westminster, Port Coquitlam, Coquitlam or Port Moody in your own home or in an assisted-living residence
- Leaving your home for appointments is challenging for you

**What to Know About Home Visits**

- A home safety assessment is a standard requirement for all home visits
- The NP will want to get to know you better and will discuss your health issues, medications and do a physical check-up
- The NP would also like to meet the person who helps you out at home
- A care plan will be made with you and your caregiver and reviewed at every visit
- If you are forgetful it may be helpful to write down your health questions or concerns prior to the visit
- On a periodic basis your participation in a short phone questionnaire to assess the value of the program will be requested

**Home Health Resources**

- In consultation with you, the NP and the Home Health Case Manager will determine the best use of resources to meet your health requirements
- You may qualify for home health resources to assist you in your home such as physio therapy, occupational therapy, home care nursing and home support services
- The frequency of home visits may change according to how you are feeling and managing at home

**Review of Test Results**

- The NP will call you with any abnormal test results requiring treatment
- All test results will be discussed at the next visit
- Please note, many test results will not be available for one week or more

**Prescription Refills**

- Your medications will be reviewed at every NP visit
- Reassessment of your condition is necessary prior to refill of your medications. The medications may change as your condition changes.
- Phone refills will not be provided
- If you are running out of medications sooner than expected please notify the NP at least one week in advance