Scheduled Meaningful Medication Review - Best Practice Guidelines

A Meaningful Medication Review (MMR) should be conducted between a GP and Pharmacist, ideally face-to-face. The aim of the review is to determine the appropriateness of medication. For each stage below, the GP should guery the medication with the pharmacist and discuss medical history, reasons

for medication, and potential side effects. If there is no perceived benefit to the patient, then the medication should be removed in a safe manner. 4 - 6 Weeks in Advance 1 Week in Advance 24 Hrs. prior Facility staff compile medication Facility MMR to be scheduled adjacent Pharmacist sends GP history/information. Facility sends to Care Conferences. GP to be recommendations and medication list Prior to Medication medication history/information to informed by facility fax. based on facility information. Review between Pharmacist. **GP/Pharmacist:** Step 3 Step 1 Step 2 **GP** reconciles EMR to match Pharmacist sends GP list of **GP cross references Pharmacist's Process:** current medications list with list on EMR Pharmacist's list Medication Review **Monitor and Test** Identify (and remove) potentially **Review High Risk medications**



Process: Medication Review

inappropriate medications

 Review the reconciled list to identify any obvious age/condition inappropriate medications (i.e. Asprin, statins)

- Examples: anti-psychotics, lithium, steroids
- Review indications for each medication
- Review patient charts and make decision based on recent medical history
- If medication may affect blood pressure, review most recent BP test results (provided by facility)
- · Consider monitoring (lab tests) for medications and document testing required for prescribed medication

Process: Add / Amend **Medications**

Pro-Active prescribing

- · Look for items that can be used proactively (i.e. Vitamin D)
- Review the clinical profile and prescibe prophylactics if required to prevent unnecessary transfer to ED (i.e. anti-biotics for recurrent UTI)

Interactions

 When the full list of medications has been reviewed and reconciled, aks the pharmacist about any known interactions between the remaining medication. Amend according to advice

Billing Information:

Each medication review will take approximately 10 minutes to complete.

Bill to code: 14015

For **EACH** medication. consider and discuss with the **Pharmacist**

- Does the patient need it?
- Are there any interactions?
- Are there any side effects?
- Is there any special monitoring required?
- Can the medication be safely tapered?

Things to consider during each process

- Treat to age appropriate targets
- Reason(s) for antipsychotics
- Reason(s) for antidepressants
- Reason for Proton Pump Inhibitors
- Assess possibility of safe deprescribing