"Spirituality is the most overlooked factor in relieving physical pain..."

_Cicely Saunders, MD, Founder of the Modern Hospice Movement_

Victoria Hospice Society is pleased to partner with _The Sacred Art of Living Center_ (Bend, Oregon) to co-host four, 2-day Sacred Art of Living and Dying workshops/retreats in Victoria, BC, starting September 26-27, 2014. The cost for each 2-day workshop is $395 USD, including lunch and resource materials. Click _here_ to register online.

CLICK _HERE_ TO DOWNLOAD A FULL-COLOUR BROCHURE.

**INTENDED AUDIENCE**

- Training is especially suitable for hospice workers, health care professionals or persons living with or working with the sick or elderly.
- Especially appropriate for clergy, chaplains and faith community volunteers of all traditions.

**PROGRAM DESCRIPTION**

The Sacred Art of Living & Dying program is more about living than about dying. These workshops draw from the wisdom of our ancestors that the quality of life is enhanced when we do not live in fear or denial of suffering and mortality. The results of facing or "leaning into" existential/spiritual pain are profound and may include the improvement of physical health and enhanced capacity for healing—as well as peace of mind and the transformation of spirit. These insights, while critical at the end of life, are also useful throughout the many other real "deaths" that occur throughout every person's lifetime including times of illness and loss and the normal stages of transition such as birth, adolescence and elder-hood.

**PROGRAM GOALS**

- To assist all caregivers in re-connecting the "soul and role" of their professional and personal lives.
- To explore the nature and inter-relationship among all the dimensions of human health and suffering—physical, emotional and psycho-spiritual.
- To learn "best practices" for caregivers based on the Total Pain model of _Dr Cicely Saunders_ and other clinically tested pain management practices.

**PROGRAM DATES, UNITS, AND LOCATION**

Click on the links for more information about each unit. It is recommended, although not necessary, to attend all four units.

- September 26-27, 2014 – _Unit I: Understanding Spiritual Pain_  
- April 24-25, 2015 – _Unit II: Diagnosing Spiritual Pain_  
- September 25-26, 2015 – _Unit III: Healing Spiritual Pain_  
- April 15-16, 2016 – _Unit IV: Transforming Spiritual Pain_
Workshops will be held at the Comfort Inn & Suites Conference Centre in Victoria, BC. A special rate of $109 CDN has been negotiated with the hotel for those wishing to spend the night. To receive this discounted rate, be sure to mention you are attending the workshop when making your reservation.

REGISTRATION

To register online, please click here, then select each of the units you would like to attend.

PROGRAM FACILITATOR

Richard Groves is the co-founder with his wife, Mary, and Executive Director of the Sacred Art of Living Center, a not-for-profit educational organization in Bend, Oregon. Richard has earned four Masters’ degrees in theology, world religions, bio-ethics and law. Research for his doctoral thesis focused on diagnosing and addressing spiritual pain from a variety of cultural and psycho-spiritual perspectives. An ordained Catholic priest for 15 years, Richard also served as chaplain in the Oregon Correctional System and as assistant chaplain in the US Air Force. He is a popular keynote speaker and workshop presenter whose work has been acclaimed for its clinical applicability that also speaks to the heart and soul of end-of-life issues. Richard is co-author of The American Book of Living & Dying: Lessons in Healing Spiritual Pain. He is also the creator of The Anamcara (Soul Friend) Project, the first international training program of its kind for health care professionals, faith community leaders and the general public in the Sacred Art of Living and Dying.

MORE INFORMATION

For more information, please contact Victoria Hospice’s Spiritual and Religious Care Coordinator, Tammy Lindahl, at tammy.lindahl@viha.ca or Anna Lyle, Administrative Assistant, Education Services, anna.lyle@viha.ca

SPREAD THE WORD!

Anne

Online registration is open for:

Psychosocial Care of the Dying and Bereaved
October 20-24, 2014, in Victoria, BC
February 23-27, 2015, in Victoria, BC
https://www.regonline.ca/builder/site/?eventid=1591411

Palliative Care: Medical Intensive Course
November 17-21, 2014, in Victoria, BC
https://www.regonline.ca/builder/site/?eventid=1344212

March 23-27, 2015 in Richmond, BC
https://www.regonline.ca/builder/site/?eventid=1590697

End of Life Care Series – save the date
October 6, 2014 – Trends, Tools and Tensions of Palliative Care
December 1, 2014 – Pharmaceuticals: Pills, Drops, Shots, and More!
February 2, 2015 – Thinking Outside the (Pill)box
April 13, 2015 – Meeting People Where They’re At: Part 1 – Who’s Agenda is it Anyway?
June 1, 2015 – Meeting People Where They’re At: Part 2 – Caring for Persons with Cognitive or Mental Health Challenges