

**CVDFP Co-Chair Report**

*Dr. Jim Broere and Dr. Bryan Bass*

As the 2016/17 fiscal year is put in the books, we can take time to reflect on the successes and initiatives that the Cowichan Valley Division of Family Practice has been involved in.

First of all, I would like to thank Bryan Bass for stepping into the role of co-chair of our division and replacing Trudy Woudstra. Bryan's experience in medical administration is proving invaluable and his input is greatly appreciated. We would also like to welcome our new members to the Board. This includes Drs. Maki Ikemura and Glenn Robinson. We thank them both for stepping forward to be involved in this important work. A thank you also goes out to Dr. Graham Blackburn who has agreed to be the physician lead on Aboriginal Health for our division and to Dr. Paul Harris who will be the physician lead for our Mental Health and Substance Use portfolio. Their interest and expertise is appreciated and we look forward to working with them both in the coming year.

This past year has again provided opportunities to strengthen partnerships that we have here in the Cowichan Valley. Through our work with the Collaborative Services Committee, we are able to align our strategic priorities with the Cowichan Communities Health Network, Cowichan Tribes, The First Nations Health Authority, Island Health and local governments. These ongoing relationships are of great importance as we all work together to tackle the health care issues in the Cowichan Valley.



The 2016/17 fiscal year saw the GP For Me program come to a close provincially, and a final report is available if members would like to read it. There are many successes across the province to report. It, of course, was a difficult goal to pursue in having all patients in the province attached to a family physician but great strides have been made. Locally, we will continue to attach new patients via the GP Referral Call Line. Effective September 1<sup>st</sup>, this program will move from a third-party call service to being managed in-house by the division directly. This will allow us better oversight and data collection for that program.

Our existing programs continue to function successfully. The Maternity Clinic is now self-sufficient and the division is providing minimal funds for its operation. We thank Dr. Maggie Watt for her hard work in making this happen. Our Recruitment and Retention Committee, headed by Dr. Roy Gilbert, has been working hard to map out a strategic plan to attract new physicians to the valley. With the help of our Project Manager, Carla Bortoletto, they have come up with some unique programs to engage new physicians as well as learners in the valley. A recruitment video is about to be released and will be available for members' viewing shortly. There is going to be a "clinic crawl" for residents and medical students to give them an idea what it is like to practice in the valley. Please make sure that you let the division know if you have manpower needs so that we can include you in our Recruitment and Retention planning.

The Elder Project in Cowichan (EPIC) continues to move along. We have taken the Collective Impact approach and have many different organizations working together to improve the care of the elderly in the valley. The EPIC work dovetailed very nicely with the Residential Care Initiative which has been headed up by Dr. Bryan Bass. More Memorandums of Understanding have been signed with Ladysmith and in Duncan as this initiative spreads through the Cowichan Valley. We are co-chairing four streams of work for this initiative, with the Cowichan Division of Family Practice taking the lead on Residential Care and End of Life. We thank all of you who have participated in this work; we are seeing good results in regard to best practices for the care of the elderly in residential care.

The big initiative which is rolling out across the province currently revolves around what has come to be known as Primary Care Networks. Division Board members visited numerous clinics and the input was sought at these meetings as well as via electronic media to get the opinion of our membership on what they want team-based care to look like and how they would interact with it. This information was summarized in a report and submitted to Island Health and they are currently incorporating our recommendations into the rollout of Primary Care Networks in the Cowichan Valley. Currently, the team out of the Ladysmith Health Care Centre is up and running. Chemainus and Ladysmith physicians are referring into that team and will hopefully have outcomes available shortly. The next rollout of team-based care will occur in the south end of the valley and is expected to take place in the fall.

Also during the year, the division updated its physician survey and conducted a detailed in-patient care survey. This provided valuable information when it came to manpower planning for the Cowichan Valley as well as to inform our partners on how hospital care may look in the future. As many of you know, our Doctor of the Day Program is under great strain as a number of physicians have come off the rotation and a number of new physicians have come to the valley who do not have hospital privileges. This has turned our DOD program into a de facto hospital service which is not sustainable under the current model. A thank you goes out to Dr. Tom Rimmer who has been spearheading discussions with Island Health on a manageable solution for all of our members. We would like to thank the physicians who are currently on the DOD rotation for their dedication to the program and hope that Island Health will be able to facilitate some of the solutions that have been put forward.

From the perspective of technology work, our Data Dashboard has been added to the EMR locally and many of our local physicians have signed on so that we can produce our own prevalence data. Dr. Jean-Marie Wilson is spearheading this and we look forward to the outcomes of this project. With regard to EMR usage, the Practice Support Team is going to be available to help people do profile cleanup so that they are ready to participate in team-based care when available to them. A number of practices in the valley have done a Practice Readiness Assessment for team-based care and, as expected, the physicians of the Cowichan Valley are well positioned to be considered Patient Medical Homes and to be involved in Primary Care Networks.

In addition, the Health Data Collaborative continues to exist provincially and we will be exploring options to dovetail our work with theirs. The Personal Health Record Project is going forward at Cowichan Tribes Clinic and a trial will hopefully begin in the fall in Ladysmith and Chemainus.

As many of you know, plans are underway to establish a new hospital here in the Cowichan Valley. We will be looking for members to participate in this process and to give input to the Ministry of Health and Island Health on structure and services we would like to see in our local hospital.

Lastly, we would like to take the opportunity to thank our excellent staff at the Cowichan Valley Division of Family Practice. A big thank you to our Executive Director Valerie Nicol, who will be reducing her hours with the Division as she pursues her PhD starting this fall. Thanks also go out to our Financial Administrator Jennifer Berg, our Executive Administrator and Project Manager Tiffany Littmann and Project Manager Carla Bortoletto. Their hard work and tireless efforts allows the Cowichan Division of Family Practice to participate in the many meaningful projects we do each year. To stay updated on all the latest developments, we encourage you to read the CVDFP emails and to attend general meetings. Don't forget about our website which has up to date information – both local and provincial.

We look forward to seeing you all at the Annual General Meeting in September.

**YOUR DIVISION TEAM**

**Board of Directors**

Dr. Jim Broere, *Co-Chair*  
 Dr. Bryan Bass, *Co-Chair*  
 Dr. Jeinien Burger, *Treasurer*  
 Dr. Maki Ikemura  
 Dr. Glenn Robinson  
 Dr. J-M Wilson

**Staff**

Valerie Nicol - *Executive Director*  
 Jennifer Berg - *Financial Administrator*  
 Tiffany Littmann - *Executive Administrator*

**Contractors**

Carla Bortoletto - *Project Manager*  
 Kate Wratten - *Administrative Support*  
 Paula Dunford - *Administrative Support*

*Interested in receiving a full copy of the CVDFP 2016-17 program data report, or the 2017-18 strategic plan?*

*Contact Division staff at [tlittmann@cvdfp.ca](mailto:tlittmann@cvdfp.ca).*



**Cowichan Division of Family Practice**

**“Providing leadership in healthcare innovations, in collaboration with our community.”**

## Executive Director's Summary Report

Valerie Nicol

After a thoughtful review of our 7<sup>th</sup> year in operation, I would like to share my gratitude for the terrific staff and board of the Cowichan Division of Family Practice. We are a small but mighty organization that continues to lead and promote positive change in healthcare at local, regional and provincial levels. Each and every member of our organization brings talent, skills and perspective that have come to be highly valued in our community and beyond. I look forward to the new opportunities that lie ahead for this diverse group of principled people who understand and promote the value of working collaboratively.

Some highlights from fiscal year 2016-17:

- We held steady at 106 members, with some further retirements and departures expected during the 2017-18 fiscal year. The local, regional and provincial Physician Recruitment and Retention Committees are working hard to align their efforts and streamline the processes to recruit and retain new physicians.
- The Eldercare Project in Cowichan (EPIC) was begun initially as a Frail Seniors Prototype initiative via direction from the Ministry of Health. During this fiscal year, we have successfully transitioned from planning and development work with our partners to implementation as Phase I of our Patient Medical Home work in 2017-18. Funding for this work will go to the end of Phase II in March 2019. All aspects of this work are moving forward collaboratively with our many community partners. We now have shared measures across all aspects of the work to track the collective impact of keeping frail seniors healthy at home.
- The Mental Health Substance Use Collective Impact Steering Committee (formerly the Attachment/Integration Committee) has agreed on a Housing First approach to improving MHSU for the Cowichan Region. The newly launched Cowichan Housing Association will be the backbone organization for this initiative and funding will come via a \$150,000 grant from Employment and Social Development Canada. This grant will enable education, training and project support to launch our Housing First initiative.
- We became partners in a small Personal Health Record Prototype project in partnership with Cowichan Tribes. The Minister of Health, Terry Lake, participated in the launch ceremony and voiced his support for the intended outcome of better continuity of care for our First Nations patients who seek care on and off reserve. Initial feedback from the First Nations patients has been excellent. The project is intended to expand beyond First Nations patients in the 2017-18 fiscal year.
- We have begun the process to transition our remaining GP for Me initiatives from CVDFP funding dependency to other sources. After a 6 year journey, Island Health and the Cowichan Maternity Clinic physicians will now be the primary funders of ongoing operations at the Maternity Clinic.



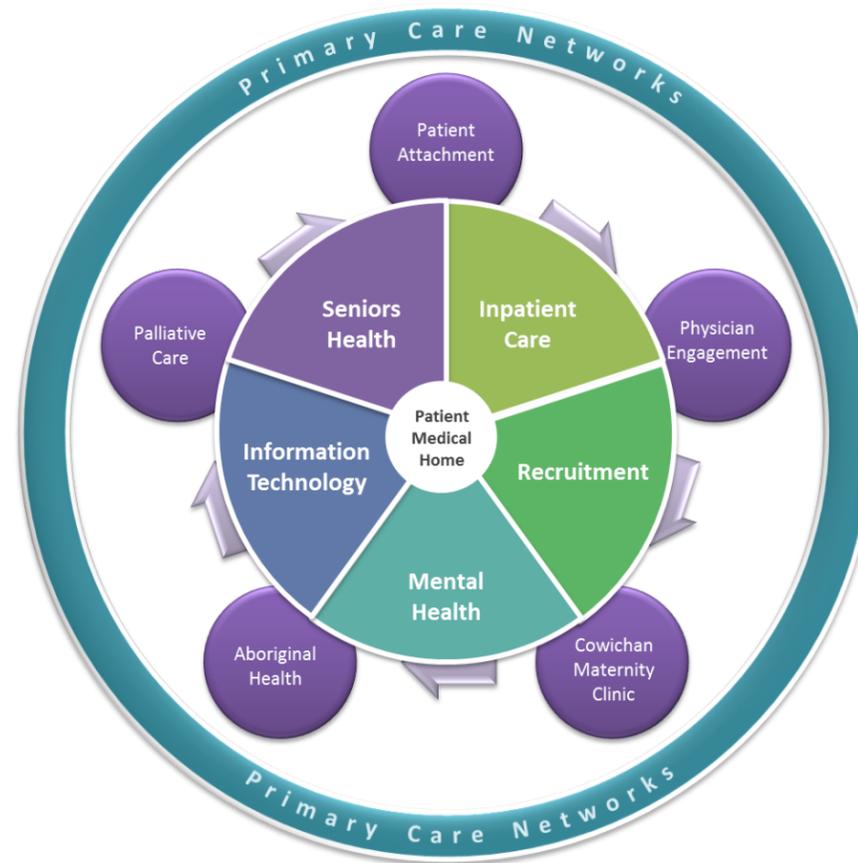
Wishing you all an enjoyable summer and looking forward to connecting at the Annual General Meeting in September.

2017-18

### STRATEGIC PRIORITIES

Building a system of integrated primary and community care to create better ways for family doctors to access supports for their patients, and to enable more people to get access to care.

**A comprehensive patient home.**



### PATIENT ATTACHMENT EFFORTS

#### PATIENT ATTACHMENT, BY PROGRAM

Maternity Clinic	638
Hospital Support Program	214
ER Referral Program	28
Locum & Recruitment Programs	501
GP referral service (call line)	4
Clinic support programs	5,328

**TOTAL REPORTED ATTACHMENT 6,713**

The above table summarizes the total number of patients reported to be attached from 2011, when earliest data records were developed, to March 31-2017

### Treasurer's Report

Dr. Jeinien Burger, Treasurer

On behalf of the Board, I am pleased to present The Cowichan Valley Division of Family Practice Society's audited financial statements for the fiscal year ending March 31, 2017. KPMG LLP Chartered Professional Accountants have examined the financial statements, comprised of the statement of financial position, statement of operations, changes in fund balances and cash flows. In their opinion, the financial statements present fairly, in all material respects, the financial position of Cowichan Valley Division of Family Practice Society as at March 31, 2017, and its results of operations and its cash flows for the year then ended in accordance with Canadian accounting standards for not-for-profit organizations.

#### Statement of Financial Position as at March 31, 2017

- Total cash assets held were \$511,389. The decrease in cash over last year was due to the repayment of funds due to the Doctors of BC.
- Infrastructure ended the fiscal year with \$149,882 in deferred contributions. These funds are available to be carried over until March 31, 2019
- The March 31, 2017 "Due to Doctors of BC" payable account included \$36,026 of the remaining GP for ME funds, \$6375 for Shared Care, and \$2812.30 expired Infrastructure funds.
- The funds remaining in deferred included \$71,213 for Shared Care Palliative Care 2.0 project, \$12,569 for Inpatient care administration, \$4,893 for Residential Care Planning, \$3,548 Success by Six, and \$2,649 for GPSC collaboration.

#### Statement of Operations to March 31, 2017

- Operating costs were consistent with last fiscal with the exception of the GP for ME Program which wound down in this fiscal. Total costs for the GP for ME program were \$384,761 compared to \$199,280 in 2016.
- Infrastructure realized operating costs of \$272,380 compared to \$318,605 in 2016
- The 2017 fiscal year ended with an excess of revenues over expense of \$1,713; the excess represents interest earned on held funds and was less than the \$9,578 earned in the previous year due to the repayment of funds. The total fund balance as of March 31, 2017 was \$21,231.

The BC Societies Act came into effect on November 28, 2016. The Act has a requirement for the disclosure in the financial statements of the remuneration of directors, employees and contractors for financial statements prepared after November 28, 2016. For employee and contractor remuneration the requirement is to disclose amounts paid to individuals whose remuneration was greater than \$75,000. For director remuneration the requirement is to disclose all directors that the Society has paid for the fiscal year ending March 31, 2017. The disclosure includes the directors' position or title, the amount of remuneration for acting as a director of the Board, as well as the amount of remuneration for acting in another capacity. The full note disclosure can be found in our audited financial statements.

I would like to thank the board, and general membership for the opportunity to serve as the Division Treasurer. I would remiss if I did not also thank the Division staff for their continued hard work, support and commitment to the financial management of the Division's resources.