

Patient and Provider Information & Knowledge

Goal: To create a streamlined process for all maternity care providers and patients to have easy access to resources while ensuring that the physician population has available learning opportunities to enhance knowledge of first trimester care

Goal: To provide a minimum of 2 learning opportunities for family physicians and other care providers

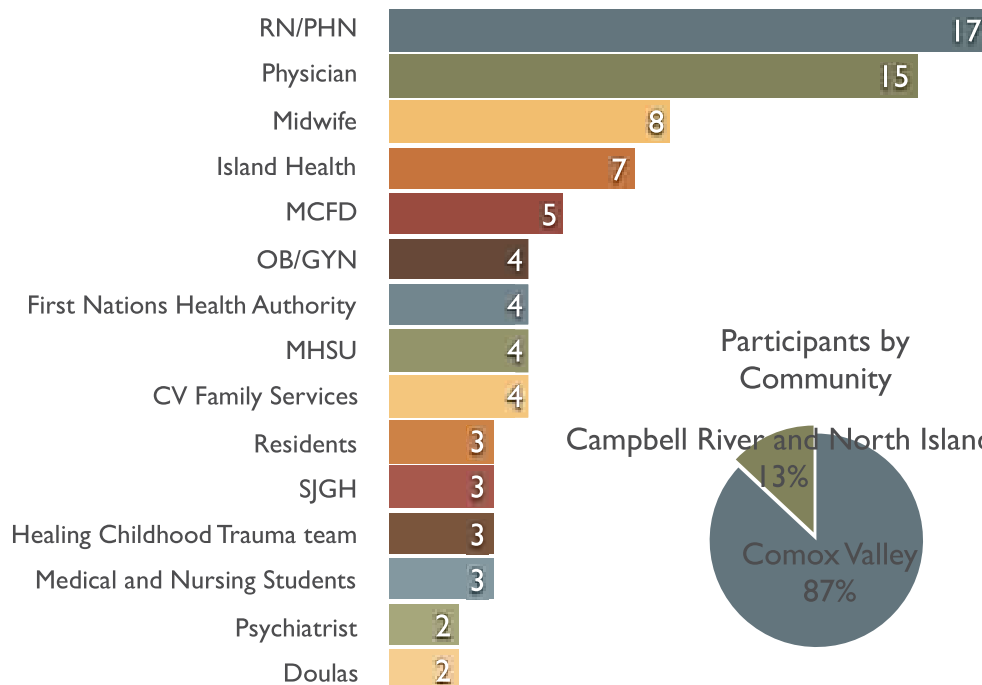
Over 100 maternity care providers and community partners gathered together at the K'ômoks Band Hall and Big House. The learning objectives were to:

- create clinical and social awareness of the social determinants of health through the lens of maternity care
- engage key stakeholders in building relationships across all communities between providers who care for women in the perinatal period
- create an opportunity to understand the larger system view of women who are at an increased risk of vulnerability during the perinatal period, and how the different elements of the system interact with one another along the continuum of the pregnancy time frame care
- learn how to best build relationships with vulnerable, at risk patients
- connect care providers with clear access to local resources and information that is relevant for women who are at risk of vulnerability during the perinatal timeframe, and beyond
- build on relational practice as a lived example of cultural safety, trauma informed and mother-centred practice
- create an opportunity for collaboration as a means to enhance perinatal care in the Comox Valley

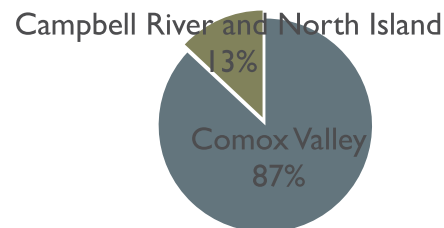
The event program included

- Chief Dr Robert Joseph and his daughter Shelly speaking about relationship building in health care, moving through trauma, reconciliation in Canada, and the role of transparency and relationships when working with vulnerable populations
- Liz McKay and Jenny Nijhoff speaking about Mother's Story, a nurses approach to care for women at risk of vulnerability
- Dr Don Wilson (OB/GYN) speaking about the social determinants of health, large system view of women at risk of vulnerability, trauma informed practice and mother centred care

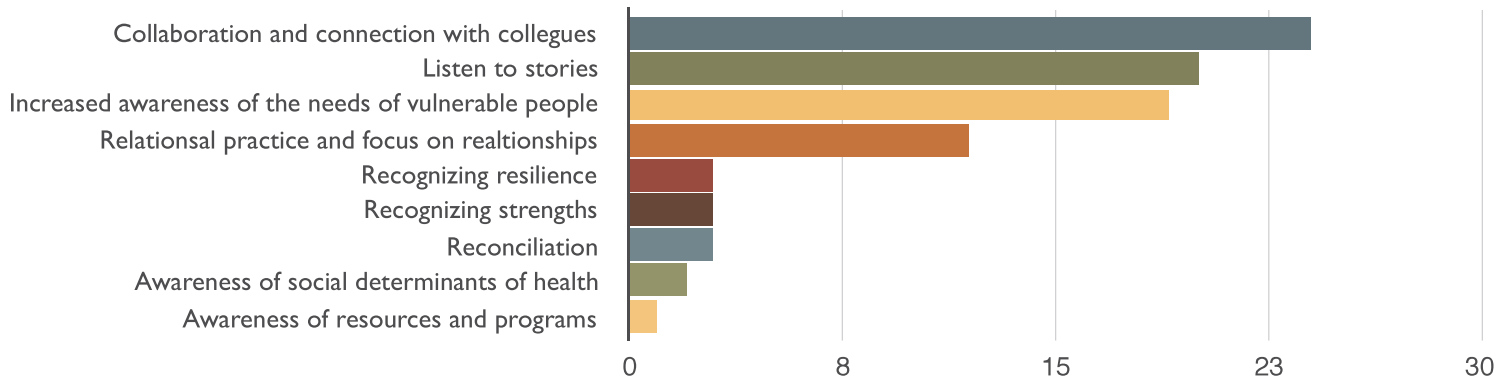
Participants



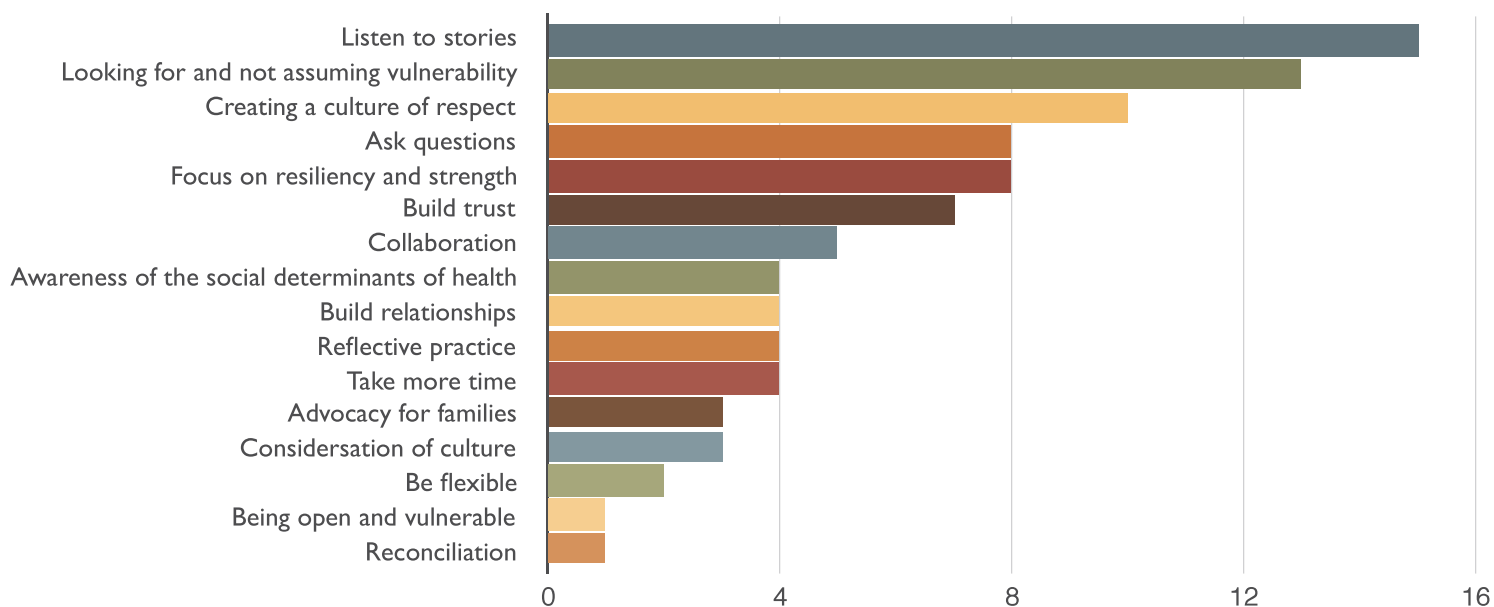
Participants by Community



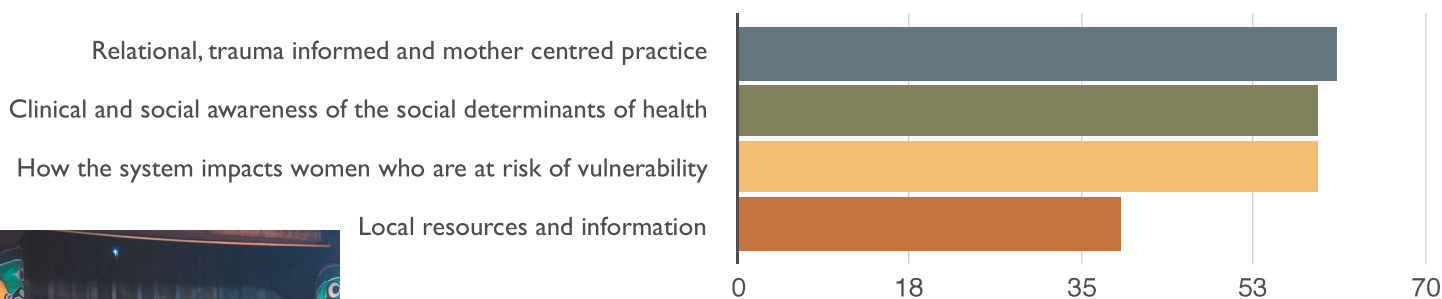
How will the event enhance your future working relationships within your own practice and across the spectrum of care providers?



How will the learnings from this event impact your care of women who are at risk of vulnerability?



As a result of this event, I learned more about:



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“But I Don’t Do Maternity Care”
Train the Trainer

Goal: To provide a minimum of 2 learning opportunities for family physicians and other care providers.

The Vancouver Division of Family Practice Primary Maternity Care Network Committee and UBC Continuing Professional Development collaborated to develop this series of CME workshops. A survey done in the Spring of 2016 indicated that 16 Comox Valley physicians were interested in this training opportunity and 10 were willing to commit to doing it.

In October 2016, the project provided sessional support for 2 Family Physicians from the Comox Valley and Campbell River to complete the “train the trainer” course.

Evaluations from the Vancouver Division of Family Practice shows that participants (322 over the course of 8 workshops) on average rated the overall workshop at 4.66 out of 5.

Participants rated their ‘comfort in providing maternity care’ increasing from 4.27 out of 7, before the workshop to 5.12 out of 7 after the workshop. The recommendation was for the committee to continue to offer the maternity care CME series.

NEXT STEPS

Plan for Comox Valley family physicians to participate in the “But I Don’t Do Maternity Care” training. Look for opportunities to collaborate with other local Divisions (Campbell River, Rural and Remote and Nanaimo) and determine ways in which the learning opportunity can be tailor to best suit the needs of our community..

Goal: Work with Valley Child to develop a maternity care information and resource location of the Valley Child website to provide local information and resources for women and families.

valleychild.ca

Being a new parent can be an overwhelming time in your life and it can be difficult to figure out where everything is. We have listed some groups and resources here to help sort that out.

Are You Pregnant in the Comox Valley?

We have put together links to some resources and information that you might find helpful.

The website was launched on January 6, 2016 and between then and November 9, 2016 the page has received 329 views, an average of 36 views per month.

NEXT STEPS AND SUSTAINABILITY PLAN

Distribute Valley Child promotion cards throughout physician clinics and community to continue to promote and raise awareness of the the Valley Child website and resources.

Provide up to date information and resources to Valley Child coordinator to ensure that the website remains current and relevant.

Valley Child