

## IMPACT THE FUTURE OF HEALTH CARE IN THE KOOTENAY BOUNDARY REGION

### Support the Kootenay Boundary Division Rural Pre-Medicine Scholarship

The evidence is clear: students from a rural background are more likely to choose a career in rural medicine. These same students are underrepresented in applicant pools of medical schools across Canada. The Selkirk College Rural Pre-Medicine program is changing these statistics and guiding rurally-inclined students on their pathway to becoming a doctor. Support these students with a donation to the Kootenay Boundary Division Rural Pre-Medicine Scholarship. The KB Division will match your contributions, dollar for dollar to a maximum of \$4,000 or \$8,000.

**Please donate by March 31, 2019 to ensure your gift is included in the scholarships awarded in fall 2019.**

#### Give Online:

- 1) At [Selkirk.ca/support](http://Selkirk.ca/support), click "Donate Today"
- 2) On the donation form:
  - Click the "Donate Now" button
  - Enter your donation amount
  - Tap the drop-down menu and choose the "Kootenay Boundary Division Rural Pre-Medicine Scholarship"
  - Click "Continue with my donation" and finalize the process

A tax receipt will be automatically issued to your email address upon donation.

#### Give by Cheque:

- 1) Write a cheque to "Selkirk College Foundation"
- 2) In the memo line, write "Kootenay Boundary Division Rural Pre-Medicine Scholarship"
- 3) Place your cheque in the pre-addressed, postage-paid envelope attached to this report
- 4) Pop the envelope in the mail

A tax receipt will be mailed to you in February.

Thank you!

### KOOTENAY BOUNDARY DIVISION RURAL PRE-MEDICINE SCHOLARSHIP

This scholarship is awarded to promising Kootenay Boundary, full-time students in the Selkirk College Rural Pre-Medicine program who demonstrate a financial need and the potential and intention to be a rural physician. Students are selected for the scholarship by the Rural Pre-Medicine faculty.

Students are considered to qualify as Kootenay Boundary if they have graduated from a Kootenay Boundary high school or have had their primary residency at an address in the Kootenay Boundary area for at least the past 36 consecutive months as of the selection period for the scholarship.

## How to donate! :-)



## Kootenay Boundary Division of Family Practice Annual General Meeting 2018



## SUCCESS OF THE RURAL PRE-MEDICINE PROGRAM

*This spring, two graduating students from the Rural Pre-Medicine Program received offers of admission from the MD Undergraduate Program at the University of British Columbia.*

Svetlana Hadikin and Adib Malas were two of 288 successful applicants from a pool of more than 2,300. Even more remarkable, they received offers of admission after completing only 3 years of undergraduate education – a rare feat. In the previous application cycle, only 23 students were admitted to the medical school with only 3 years of undergraduate education.

In the words of Dr. Alan Ruddiman, co-chair of the Joint Standing Committee on Rural Issues, “[these] strong measures of early success [are] great validation that the Rural Pre-Medicine Program is now deliver[ing] students to university that are appropriately ready and prepared to directly enter medical school through an alternative education pathway to a tradition undergraduate degree.”

This success follows the graduation of the program’s first graduating class in spring of 2017.



## NEW DEVELOPMENTS TO THE PROGRAM

### E-mentoring

Recognizing the importance of mentorship and professional conversation among peers, we have created opportunities for our students to serve both as mentors and mentees.

In 2016/2017, our students began mentoring rural high school students through the Rural Education Actions Plan’s (REAP) eMentoring platform.

New this year, we launched a program that pairs our students with UBC medical students from the Rural Medicine Interest Group. These medical students will mentor our students on topics ranging from self-care to medical specialties and transition to a MD program.

## THANK YOU KOOTENAY BOUNDARY DIVISION OF FAMILY PRACTICE

Financial aid & awards are crucial to student success. With the rigours of the Rural Pre-Medicine Program, the adaptation to post-secondary study habits, and the concurrent development of interpersonal and leadership soft skills, students have little time to spare for working to pay for their education. Financial awards enable students to commit fully to their studies for the greatest chance of success. Hear about your impact directly from the students themselves:

Dear members of the Kootenay Boundary Division of Family Practice,



Thank you for the Kootenay Boundary Division of Family Practice scholarship. I was born and raised in Castlegar BC,

so I feel privileged to be able to complete my first two years of pre-medicine in the town in which I grew up.

I graduated from the Late French Immersion program at Stanley Humphries Secondary School and danced competitively at Turning Pointe Performance Company throughout my school years. Self-expression has always been a large part of my life as I have enjoyed performing, painting, and writing; I still strive to pursue these passions despite my busy school days.

My goal is to become a physician and to practice in a rural BC community similar to Castlegar. By lessening the financial burden of my schooling, you are helping me to continue on the path towards this goal. Thank you.

Sincerely,  
Emily Martin

Dear members of the Kootenay Boundary Division of Family Practice,



Thank you so very much for this scholarship. I grew up in the town of Edgewood BC. I have noticed that

our communities around the Arrow Lakes face a shortage in our medical system. For example, the health center in town was only staffed once a week, and the next town over seemed to struggle to treat the level of injuries for which my friends and I sought treatment.

My initial desire to enter the medical field came from the fact that much of my family works with B.C. Ambulance; however, because of the shortage of resources, instead of following my family I chose to pursue a career as a doctor in order to help increase the medical coverage in my community.

Receiving this scholarship means a lot to me since it helps me to cover the financial cost associated with this dream of mine. Thank you again for supporting my path towards medicine.

Sincerely,  
Samuel Zerrath

Dear members of the Kootenay Boundary Division of Family Practice,



My name is Cassidy Stoochnoff, and I am writing to thank you for the “Kootenay Boundary Division

Rural Pre-Medicine” scholarship. I was born and raised in the Kootenays and recently graduated from Mount Sentinel Secondary School. I have been a devoted student throughout my academic career, working to become the best I can be. I also love to be outdoors, play guitar, and be active.

This September, I started the Rural Pre-Medicine Program at Selkirk College. I am thrilled to begin a journey towards medicine. Becoming a doctor has been a dream of mine since I was a young girl and I am grateful to begin this process at home in my own community. So far, the program has been excellent. We have already had multiple guests come and speak to us about their time in medical school, and their advice has been illuminating as well as motivating.

As a student who is passionate about learning and community, this award will support my schooling but hopefully, it will also benefit the community in the long term, since I hope to return to the area to practice. I wanted to personally thank you for supporting this scholarship. Scholarships like this makes it possible for me to attend post-secondary school.

Sincerely,  
Cassidy Stoochnoff

Dear members of the Kootenay Boundary Division of Family Practice,



Thank you kindly for the generous Kootenay Boundary Division Rural Pre-Medicine scholarship. I am

currently a second year student in the Rural Pre-Medicine Program at Selkirk College. I grew up in Nelson, BC, and have returned to the Kootenays with the goal of obtaining an MD. I am thrilled to be pursuing my studies at Selkirk College. The personal attention, small class sizes, and uniquely tailored program makes the RPM program very special and the perfect place for me to learn and grow.

This scholarship will allow me to focus on my studies without added financial stress. It will allow me to dedicate 100% of my time to school, instead of having to juggle part-time work and a rigorous school schedule. Thank you very much for supporting students, Selkirk College, and the RPM program. Your ongoing commitment to education and young people in our community is very much appreciated!

Thank you,  
Rebecca MacLeod

THANK YOU